

Sun Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Mary Kelly (UK)
音乐: Sunrise - Simply Red



WALK FORWARD RIGHT/LEFT - HEEL SWITCHES - STEP ½ PIVOT - SHUFFLE FORWARD

1-2 Walk forward right, left
3& Tap right heel forward, close right beside left
4& Tap left heel forward, close left beside right
5-6 Step forward on right, pivot ½ turn left
7&8 Step forward right, close left beside right, step forward right

WALK FORWARD LEFT/RIGHT - HEEL SWITCHES - STEP ¼ PIVOT - CROSS SHUFFLE

9-10 Walk forward left, right
11& Tap left heel forward, close left beside right
12& Tap right heel forward, close right beside left
13-14 Step forward on left, pivot ¼ turn right
15&16 Cross left over right, step right on right, cross left over right

RIGHT STEP, SLIDE, KICK BALL CROSS, LEFT STEP, SLIDE, KICK BALL CROSS

17-18 Big step right on right, slide left up to right without weight
19&20 Kick left forward, close left beside right, cross right over left
21-22 Big step left on left, slide right up to left without weight
23&24 Kick right forward, close right beside left, cross left over right

¼ LEFT, ¼ LEFT, RIGHT CROSS - SIDE ROCK, CROSS, ¼ LEFT, ¼ LEFT SHUFFLE

25-26 Pivoting ¼ left on ball of left - step back right, step back ¼ left on left
27&28 Cross right over left, rock left on left, rock in place on right
29-30 Cross left over right, pivoting ¼ left on ball of left - step back right
31&32 Pivoting ¼ left on ball of right - step left on left, close right beside left, step left on left

REPEAT
