Summertime Cha Cha



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Max Perry (USA)

音乐: In the Summertime - Mungo Jerry



KICK BALL SIDE TOUCHES (LEFT, RIGHT, LEFT, RIGHT)

1&2 Kick left foot forward, step left foot next to right, touch right toe out to right 3&4 Kick right foot forward, step right foot next to left, touch left toe out to left

5-8 Repeat 1-4

LEFT KICK BALL CHANGE, PIVOT TURN ½ TO THE RIGHT

9&10 Kick left foot forward, step back slightly with ball of left, step in place with right Step left foot forward, turn ½ to the right while sliding right foot back next to left

13-16 Repeat 9-12

SIDE SWITCHES (LEFT, RIGHT), HEEL SWITCHES (LEFT, RIGHT)

Touch left toe to left side, step left next to right
Touch right toe to right, step right next to left
Touch left heel forward, step left next to right
Touch right heel forward, step right next to left

LEFT KICK BALL CHANGE, PIVOT TURN 1/4 TO THE RIGHT

21&22 Kick left foot forward, step back slightly with ball of left, step in place with right 23-24 Step left foot forward, turn ¼ to the right while sliding right foot next to left

You are now facing 3:00

WALK (LEFT, RIGHT), KICK TURN 1/4 TO THE LEFT, TWISTS (LEFT, RIGHT, LEFT & RIGHT & LEFT)

25-26 Walk forward left, right

27&28 Kick left foot forward, hook left front of right just below the knee as you spin ¼ to the left on

right foot, step slightly to left side with left foot

You are now facing 12:00

29 With weight on balls of both feet twist heels left (body to the right)

30 Twist heels right (body to the left)

Twist heels left (body to the right), twist heels right (body to the left), twist heels left ¼ turn

(body to the right)

You are now facing 3:00

ROCKS & COASTERS (LEFT FORWARD, RIGHT FORWARD, TO LEFT, TO RIGHT)

33-34	Rock step forward with left foot, recover in place with right
35&36	Coaster (left, right, left)
37-38	Rock step forward with right foot, recover in place with left
39&40	Coaster (right, left, right)
41-42	Rock step to left side on left foot, recover in place with right
43&44	Shuffle in place (left, right, left)
45-46	Rock step to right side on right foot, recover in place with left
47&48	Shuffle in place (right, left, right)

REPEAT