Summer Waltz



拍数: 24 墙数: 4 级数: Beginner waltz

编舞者: Lynn Kryger (UK)

音乐: Captured (By Love's Melody) - Rick Tippe



Summer Waltz is dedicated to my Dad who is an avid Summer Wine fan

SLOW RIGHT SAILOR STEP, SLOW LEFT SAILOR STEP

1-3 Cross right foot behind left, step left to left side and step right slightly to the right side

4-6 Cross left foot behind the right, step right to the right side and step left slightly to the left side

CROSS, TURN, STEP, LEFT WALTZ STEP FORWARD

1-3 Cross right foot behind left, step left ¼ turn to the left, step right forward (make sure the

weight is on the right foot)

4-6 Step a large step forward on the left, right foot slightly forward and step the left slightly

forward

ROCK, ROCK, CROSS TWICE

1-3 Rock right foot to the right side, switch the weight on to the left, cross the right over the left

Rock left foot to the left side, switch the weight on to the right, cross the left over the right

(make sure the weight is on the left foot)

LOCK STEPS TRAVELING BACK

1-3 Step back on the right foot, lock the left foot in front of the right, step the right foot back

Step back on the left foot, lock the right foot in front of the left, step the left foot back

REPEAT

4-6

4-6