

Summer Steam

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Steam - Ty Herndon



WALK FORWARD RIGHT, LEFT, RIGHT SAILOR STEP, LEFT SAILOR STEP, STEP ½ TURN

- 1-2 Walk forward on right, walk forward on left
3&4 Cross right behind left, step left to left, step right in place
5&6 Cross left behind right, step right to right, step left in place
To make the dance smoother, move forward while doing the sailor steps
7-8 Step forward on right, make a ½ turn left (weight ends on right foot)

LEFT COASTER STEP, RIGHT ROCK & CROSS, STEP SLIDE, HIP ROLL

- 1&2 Step back on left, step right beside left, step forward on left
3&4 Step right to right, step left in place, cross right in front left
5-6 Big step with left to left, slide right next to left
7-8 Hip roll (to the left, weight ends on left foot)

RIGHT ROCK STEP, RIGHT COASTER STEP, STEP ¼ TURN, CROSS & CROSS

- 1-2 Rock forward on right, rock back on left
3&4 Step back on right, step left beside right, step forward on right
5-6 Step forward on left, make a ¼ turn right (weight ends on right foot)
7&8 Cross left over right, step right to right, cross left over right

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT, POINT, HOLD, TOUCH, POINT

- 1-4 Step right to right while pushing right hip to right, push left hip to left, push right hip to right, push left hip to left

These hip bumps should be made smoothly

- &5-6 Step right beside left, point left to left, hold count 6
7-8 Touch left beside right, point left to left

LEFT SAILOR STEP, RIGHT SAILOR STEP ¼ TURN, LEFT ROCK STEP, 1 ½ TRIPLE TURN TRAVELING BACK

- 1&2 Cross left behind right, step right to right, step left in place
3&4 Cross right behind left, step left to left, step right ¼ turn right
5-6 Rock forward on left, rock back on right
7&8 On ball of right make a ½ turn left stepping left forward, on ball of left make a ½ half turn left stepping right back, on ball of right make a ½ turn left stepping left forward

RIGHT ROCK & CROSS, LEFT ROCK & CROSS, STEP ¾ TURN, STEP, SLIDE

- 1&2 Step right to right, step left in place, cross right in front of left
3&4 Step left to left, step right in place, cross left in front of right
5-6 Step right forward, make a ¾ turn left (weight on left foot)
7-8 Big step with right to right, slide left beside right (weight ends on left foot)

To get the right feeling while doing this dance, you should make all the movements soft and smoothly.

REPEAT