

Sugarfoot Rag

COPPER KNOB
STEPPERS

拍数: 0 墙数: 3 级数: Advanced
编舞者: Barry Amato (USA)
音乐: Sugar Foot Rag - Jerry Reed



Sequence: AB, AB, AB (repeating the walk sequence in section B), C

SECTION A

STEP TOUCH, BALL CHANGE, TOUCH

1-6 Step right, touch left forward, step left, touch right forward, step right, touch left forward
&7 Step out on ball of left foot, step right foot in place
8 Touch left forward

STEP TOUCH, BALL CHANGE, TOUCH

1-6 Step left, touch right forward, step right, touch left forward, step left, touch right forward
&7 Step out on ball of right foot, step left foot in place
8 Touch right next to left foot

TURNS WITH HITCHES, HITCH, BALL CHANGE, TURNING TRIPLE STEP

1& Begin turning right doing a $\frac{1}{4}$ turn stepping on right, hitch left to right knee while pivoting a $\frac{1}{2}$ turn on ball of right
2& Continue turn to right stepping left a $\frac{1}{4}$ turn, hitch right foot to left knee while pivoting a $\frac{1}{4}$ turn on ball of left
3& Complete turn doing another $\frac{1}{2}$ turn stepping on right, hitch left foot to right knee while pivoting a $\frac{1}{4}$ turn on ball of right
4 Step on the left foot next to the right (you should be facing original direction)
5&6 Hitch right foot to left knee as you slide to the right on left foot, step on ball of right foot out to right side, change weight to left foot

Accent takes place on count 5 which you will hear in the music

7 Sweep right foot behind left while pivoting $\frac{1}{2}$ turn on right on all of right foot
&8 Step in place stepping left-right

TURN TOES IN-OUT-IN, TURNING TRIPLE STEP, WAGON WHEEL, STEP PIVOT

1&2 Turn toes in-out-in traveling slight to the right

Accent takes place on count 1 which you will hear in the music

3 Sweep left foot behind right while pivoting $\frac{1}{2}$ turn to left on ball of left foot
&4 Step in place stepping right-left
5-6 Wagon Wheel (circling your right foot in a vertical circle behind you, start with right foot touching behind you and circle in behind your left knee as though you are drawing a circle with your foot), bring right foot straight through the middle and scuff right heel forward
7-8 Step forward on right foot, pivot a $\frac{1}{2}$ turn left shifting weight to left

STEP PIVOT, STEP TOUCH (CLAP TWICE ON STEP TOUCH)

1-2 Step forward on the right foot, pivot a half turn left shifting weight to left
3&4 Step forward on right foot, touch left foot next right as you clap twice (&4)

SECTION B

SYNCOPATED VINE, THREE STEP TURN, HEEL TAP RIGHT

1-2 Step left on left, step right behind left
&3&4 Step left on left, cross right over left, step left on left, cross right behind left
5-6 Turn left stepping left-right-left
8 Tap right heel to right side

SCISSOR CROSS STEP, TURN 1 ¼ RIGHT, SHUFFLE FORWARD

- &1 Step right to right, cross left over right
Arms: bring fists to chest on diagonal, left elbow down, right up
&2 Step right to right, tap left heel to left side
Arms: open arms on diagonal, left fist down, right fist up
&3 Step left to left, cross right over left
Arms: bring fists to chest on diagonal, left elbow up, right down
&4 Step left to left, tap right heel to right side
Arms: open arms on diagonal, left fist up, right fist down
5-6 Turn 1 ¼ turn right step right-left
7&8 Shuffle forward stepping right-left-right

WALK, STEP PIVOT, TOUCH (EXTRA 1 COUNT CLAP)

- 1-6 Walk forward left, right, left, right, left, right
7 Pivot ½ turn left with left taking weight
8 Step onto right foot as you kick left foot up (straight leg and low to the ground)

WALK, STEP PIVOT, TOUCH

- 1-6 Walk forward left, right, left, right, left, right
7 Pivot ½ turn left with left taking weight
8 Touch right foot next to left
1 Clap

CAMEL WALK

- 1-2 Begin a vine to right stepping right (drop right shoulder, raise left shoulder), step left behind right (drop left shoulder, raise right shoulder)
3-4 Turn ¼ to the right and step forward right (relax shoulders), scuff left heel forward
5-6 Turn ¼ to the left and step out left (drop left shoulder, raise right shoulder), step right behind left (drop right shoulder, raise left shoulder)
7-8 Step to left on left (relax shoulders), touch right foot next to left

SECTION C

SAILOR SHUFFLE, ¼ TURN TRIPLE STEP, ROCK STEP, COASTER STEP

- 1&2 Sailor shuffle stepping right-left-right
3 Sweep left foot behind right while pivoting a ¼ turn on ball of left foot
&4 Step in place right-left
5-6 Rock forward on right, recover on left
7&8 Coaster step, stepping right-left-right

SHAVE AND A HAIRCUT

- 1&a Stomp left, brush ball of right foot forward and back (&a)
2-3 Step on right foot over left, step left in place
&4 Step right on right foot, step left crossing left over right
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