Sugarfoot Boogie



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Knox Rhine (USA)

音乐: Crazy Over You - Ricky Van Shelton



RIGHT SUGARFOOT, SHUFFLE:

Touch right toe in towards left foot
 Touch right heel in towards left foot
 Step forward with right foot
 Place left foot next to right foot

4 Step forward with right foot

LEFT SUGARFOOT, SHUFFLE:

Touch left toe in towards right foot
 Touch left heel in towards right foot
 Step forward with left foot

Place right foot next to left footStep forward with left foot

STEP, TURN, SHUFFLE:

9 Step forward with right foot
10 Pivot ½ turn to the left
11 Step forward with right foot
& Place left foot next to right foot
12 Step forward with right foot

SCOOT, SCOOT, STEP, STOMP:

13 Lift left knee and scoot forward with right foot

14 Scoot forward with right foot again

15 Step down with left foot

16 Stomp right foot next to left foot

MONTEREY CROSS:

17 Touch right toe out to right side

Pull right toe in and turn ½ to right, transfer weight to right foot

19 Touch left toe out to left side

20 Step across in front of right leg with left foot

SIDE, 1/4 TURN JAZZ BOX TO THE LEFT:

21 Touch right toe to right side

22 Step across in front of left leg with right foot

23 Step back ¼ turn left with left foot

24 Step back with right foot

STROLL, STEP, ½ TURN TO THE RIGHT:

25 Step forward with left foot

26 Lock/slide right foot up behind left foot

Step forward with left foot
Brush ½ turn left with right foot

STEP, SCOOT, SCOOT, STEP DOWN:

29	Step forward with right foot
30	Lift left knee and scoot forward with right foot
31	Scoot forward with right foot again
32	Step down with left foot

REPEAT