

Sugarbear (P)

拍数: 36 墙数: 0 级数: Partner
编舞者: Marie Miller (USA)
音乐: Where Was I - Ricky Van Shelton



Position: Promenade. Opposite Foot. LOD

FOUR SHUFFLES FORWARD

1&2 Shuffle forward outside foot lead for both partners
Man: left, right, left / lady: right, left, right
3&4 Shuffle forward inside foot lead
5&6 Shuffle forward outside foot lead
7&8 Shuffle forward inside foot lead

¼ TURN GRAPEVINE, ¼ TURN, KICK, ¼ TURN, KICK, ¼ TURN, KICK, ¼ TURN, KICK, ¼ TURN, KICK
9 Step ¼ turn

You are now facing your partner. This is the first step of a grapevine. Lady's right shoulder is toward LOD. Man's left shoulder is toward LOD

10-11 Cross man's right/lady's left foot behind, step out ¼ turn with outside foot toward LOD
12 Kick inside foot forward
13 Step inside foot toward partner ¼ turn
14 **MAN:** Kick outside foot (left) on lady's right side
 LADY: Kick outside foot in between man's legs
15-16 Step outside foot back ¼ turn (so each partner is now facing LOD), kick inside foot toward LOD

SHUFFLE BACKWARDS, STEP BACK, ROCK FORWARD, TWO SHUFFLES FORWARD

17&18 Shuffle backwards on inside foot lead
19-20 Step back on outside foot, rock forward on inside foot
21&22 Shuffle forward outside foot lead
23&24 Shuffle forward inside foot lead

SPIN, STEP FORWARD, TWO SHUFFLES FORWARD

&25 Step forward on outside foot spin full turn (man to right, lady to left)
26 Step forward on inside foot
27&28 Shuffle forward outside foot lead
29&30 Shuffle forward inside foot lead

JAZZ BOX, KICK, KICK

31-32 Step forward with outside foot, cross inside foot across in front of outside foot
33-34 Step back with outside foot, step inside foot beside outside foot
35-36 Kick outside foot forward twice

REPEAT
