

# Sugar Push

拍数: 48      墙数: 4      级数: Advanced  
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音乐: Cold Outside - Big House



## SYNCOPATED RIGHT VINES WITH RONDES; TRIPLES IN PLACE

- 1-2            Step right foot to right side; cross-step left foot behind right  
&3-4        Step right foot to right side; hop onto left foot and circle right leg to right side and behind left foot; step on right beside left  
5&6        Step on left, step on right, step on left  
7-8        Step right foot to right side; cross-step left foot behind right  
&9-10      Step right foot to right side; hop onto left foot and circle right leg to right side and behind left foot; step on right beside left  
11&12      Step on left; step on right; step on left.

## RIGHT KICK-BALL-CHANGES, ¼ TURN, FORWARD SHUFFLES, ½ TURN

- 13&14      Kick right foot forward; step on ball of right foot; step on left  
15&16      Kick right foot forward; step on ball of right foot; turning ¼ left, step on right  
17&18      Step right foot forward; step left together; step right foot forward  
19-20      Pivoting ½ turn right, step forward onto left; step on right foot.

## SYNCOPATED JUMPS, CLAPS, WEST COAST WALK FORWARD; TRIPLE STEPS

- &21-22     Hop forward on left foot; hop forward on right bringing feet together; clap hands  
&23-24     Hop back on right foot; hop back on left bringing feet together; clap hands  
25-26      Step right foot forward; step left foot forward  
&27-28     Step on right foot behind and slightly left of left heel; step on left in place; step on right slightly behind left heel.

## TOUCH, REVERSE TURN, TOUCH, STEP FORWARD, TOUCH, RIGHT FORWARD SHUFFLE, ½ MILITARY TURN

- 29-30      Touch left toe behind right foot; pivot ½ turn left keeping weight on right foot and touching left toe in front of right foot  
31-32      Step left foot forward; touch right toe beside left foot  
33&34      Step right foot forward; step left together; step right foot forward  
35-36      Pivoting ½ turn right, step left foot forward; step on right foot.

## LEFT FORWARD SHUFFLE, FULL TURN, OUT-OUT, IN-IN SYNCOPATIONS

- 37&38      Step left foot forward; step right together; step left foot forward  
39&40      Step right foot forward beginning full left turn; step on left continuing turn; step on right foot  
&41-42      Step left foot to left side; step right to right side about shoulder-width apart; hold and clap hands  
&43-44      Step right foot home; step left foot beside right; hold and clap hands.

## CROSS, UNWIND, OUT-OUT, IN-IN SYNCOPATIONS

- 45-46      Cross-step right foot over left; unwind ½ turn left  
&47        Step right foot to right side; step left foot to left side  
&48        Step right foot home; step left foot beside right.

## REPEAT