Sugar Bear (P)



编舞者: Country Bound (USA)

音乐: Where Was I - Ricky Van Shelton



Position: Begin in right promenade - opposite foot (man on inside of circle- lady on outside, mans right hand holding lady's left)

FORWARD SHUFFLES

1&2 Shuffle forward outside foot lead for both partners

Man left lead, Lady lead right

3&4 Shuffle forward inside foot
5&6 Shuffle forward outside foot
7&8 Shuffle forward inside foot

FOUR 1/4 TURNS

Step forward on outside foot making ¼ turn to face partner
Cross (what was) inside foot behind (what was) outside foot
Making ¼ to face line of dance (LOD), step on outside foot

4 Kick inside foot forward

5 Making ¼ turn to face partner, step on inside foot

6 MAN: Kick outside (left) foot out

LADY: Kick outside (right) foot between man's legs Step back on outside foot making ¼ turn to face LOD

8 Kick inside foot forward

BACKWARD SHUFFLE, ROCK STEP

1&2 Shuffle backward inside foot lead

3 Step back on outside foot4 Rock forward on inside foot

FORWARD SHUFFLES

5&6 Shuffle forward outside foot lead 7&8 Shuffle forward inside foot lead

FULL TURN

7

1& Stepping forward on outside foot make full turn, turning through the '&' count (man to right-

lady to left) release hands

2 Step forward on inside foot regain hand hold

FORWARD SHUFFLES

1&2 Shuffle forward outside foot lead3&4 Shuffle forward inside foot lead

JAZZ BOX

5 Step forward on outside foot

6 Cross inside foot across in front of outside foot

7 Step back on outside foot

8 Step beside outside foot with inside foot

KICKS

1&2 Kick outside foot forward twice