

Sube

拍数: 64 墙数: 2 级数: Improver
编舞者: Linda Greene (UK)
音乐: Se Me Sube - Glenn Rogers



"Se Me Sube" by Glenn Rogers can be downloaded at www.linedancer.com

RIGHT & LEFT SIDE TOGETHER CLOSE WITH BRUSH AND KNEE POPS

- 1-2 Step right to right side, close left beside right
- 3-4 Step right to right side, brush left toe and pop left knee towards right
- 5-6 Step left to left side, close right beside left
- 7-8 Step left to left side, brush right toe and pop right knee towards left

ROCK STEPS FORWARD AND BACK, SCUFF

- 1-2 Cross rock right over left, rock back on left
- 3-4 Rock forward on right, scuff left beside right
- 5-6 Cross rock left over right, rock back on right
- 7-8 Rock forward on left, scuff right beside left

WALK FORWARD WITH SHOULDER SHIMMIES, RIGHT SIDE CLOSE TOGETHER WITH BRUSH AND KNEE POP

- 1 While shimmying shoulders walk forward on right, knees slightly bent
- 2 While shimmying shoulders walk forward on left, knees slightly bent
- 3 While shimmying shoulders walk forward on right, knees slight bent
- 4 While shimmying shoulders walk forward on left, knees slightly bent
- 5-6 Step right to right side, close left by right
- 7-8 Step right to right side, brush left toe and pop left knee towards right

WALK BACK WITH SHOULDER SHIMMIES, LEFT SIDE ROCK, ROCK BACK LEFT

- 1 While shimmying shoulders walk back on left, knees slightly bent
- 2 While shimmying shoulders walk back on right, knees slightly bent
- 3 While shimmying shoulders walk back on left, knees slightly bent
- 4 While shimmying shoulders walk back on right, knees slightly bent
- 5-6 Rock on left to left side, rock on right in place
- 7-8 Rock back on left, rock forward on right

MERENGUE STYLE CURVE TURN RIGHT (FULL TURN)

- 1-2 Turning $\frac{1}{4}$ to the right, step forward on left, step right in place
- 3-4 Turning $\frac{1}{4}$ to the right, step forward on left, step right in place
- 5-6 Turning $\frac{1}{4}$ to the right, step forward on left, step right in place
- 7-8 Turning $\frac{1}{4}$ to the right, step forward on left, touch right in place

MERENGUE STYLE CURVE TURN LEFT (FULL TURN)

- 1-2 Turning $\frac{1}{4}$ to the left, step forward on right, step left in place
- 3-4 Turning $\frac{1}{4}$ to the left, step forward on right, step left in place
- 5-6 Turning $\frac{1}{4}$ to the left, step forward on right, step left in place
- 7-8 Turning $\frac{1}{4}$ to the left, step forward on right, step left in place

BACK ROCKS, $\frac{1}{4}$ TURN RIGHT, TWICE

- 1-2 Rock back on right, rock forward onto left
- 3-4 Make $\frac{1}{4}$ turn right stepping on right, step left beside right
- 5-6 Rock back on right, rock forward onto left

7-8 Make ¼ turn right stepping on right, step left beside right

MODIFIED RIGHT, RUMBA BOX FORWARD, MODIFIED LEFT RUMBA BOX BACK

1-2 Step right to right side, step left beside right

3-4 Step forward right, touch left beside right

5-6 Step left to left side, step right beside left

7-8 Step back left, touch right beside left

REPEAT
