

Stupid

拍数: 32 墙数: 4 级数: Improver
编舞者: Janet L. Peel
音乐: Don't Be Stupid (Dance Mix) - Shania Twain



STEP RIGHT, STEP LEFT, APPLEJACKS, STEPS AND HEEL DIG LEFT

- 1 Step right forward
- 2 Step left in place, taking weight onto right toe and left heel
- &3 Swivel right heel & left toe to left. Swivel feet back in place, taking weight onto left toe & right heel
- &4 Swivel left heel & right toe to right. Swivel feet back in place
- 5 Step right in place
- 6 Step left in place
- 7 Step right in place
- 8 Extend left heel forward

STEPS AND HEEL DIG RIGHT, CROSS, UNWIND, LEFT HEEL JACK

- 1 Step left in place
- 2 Step right in place
- 3 Step left in place
- 4 Extend right heel forward
- 5 Cross right over left
- 6 Unwind $\frac{1}{2}$ turn
- &7 Step right back, extend left heel forward
- &8 Step left back in place, step right in place

$\frac{1}{4}$ TURNING JAZZ BOX RIGHT, JUMP FORWARD, CLAP, JUMP BACK CLAP

- 1 Cross right over left
- 2 Step left back turning $\frac{1}{4}$ right
- 3 Step right in place
- 4 Step left in place
- &5 Jump forward landing right, left
- 6 Clap
- &7 Jump back landing right, left
- 8 Clap

HIP BUMPS RIGHT, HIP BUMPS LEFT, CLAPS, ROLLS

- 1-2 Bump hips right twice
- 3-4 Bump hips left twice
- 5-6 Clap twice
- 7-8 Roll arms

REPEAT
