

Stuck In The Middle

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate line/contra dance
编舞者: Phillip A Carter (UK)
音乐: Stuck In the Middle With You - Louise



JAZZ BOX, SIDE ROCK, CROSS SHUFFLE

1-2 Cross right over left, step back on left
3-4 Step right to right, step left beside right
5-6 Rock to right side on right, rock onto left in place
7&8 Cross step right over left, step left to left, cross step right over left

LEFT SIDE ROCK, LEFT CROSS SHUFFLE, TOUCH RIGHT HEEL FORWARD, CLAP, TOUCH LEFT HEEL FORWARD, CLAP TWICE

9-10 Rock to left side on left, rock onto right in place
11&12 Cross step left over right, step right to right, cross step left over right
13-14 Touch right heel forward, clap hands
&15&16 Step right beside left, touch left heel forward, clap hands twice

TOUCH RIGHT HEEL FORWARD, CLAP, TOUCH LEFT HEEL FORWARD, CLAP TWICE, RIGHT FORWARD ROCK, HALF TURN SHUFFLE RIGHT

17-18 Touch right heel forward, clap hands
&19&20 Step right beside left, touch left heel forward, clap hands twice
&21-22 Step left beside right, rock forward on right, rock back onto left
23&24 Shuffle half turn right, stepping- right, left, right

LEFT FORWARD ROCK, QUARTER TURN SHUFFLE LEFT, JAZZ BOX

25-26 Rock forward on left, rock back onto right
27&28 Shuffle quarter turn left, stepping- left, right, left
29-30 Cross right over left, step back left
31-32 Step right to right, step left beside right

RIGHT SIDE ROCK, RIGHT SAILOR STEP, LEFT SIDE ROCK, LEFT SAILOR STEP

33-34 Rock to right side on right, rock onto left in place
35&36 Cross right behind left, step left to left, step right in place
Look left on counts 35&36
37-38 Rock left to left side, rock onto right in place
39&40 Cross left behind right, step right to right, step left in place
Look right on counts 39&40

JAZZ BOX QUARTER RIGHT, STOMP, STOMP, CLAP, CLAP

41-42 Cross right over left, step back on left
43-44 Step right quarter turn right, step left beside right
45-46 Stomp forward on right, stomp left beside right
47-48 Clap hands, clap hands

If danced contra counts 47-48 clap hands with person facing you

REPEAT