

Strutin' Out

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Monica Wells (USA)
音乐: Old Weakness (Coming on Strong) - Delbert McClinton



STRUT, STRUT LOCKING STEP, STRUT, STRUT LOCKING STEP

1-2-3&4 Walk forward right, left locking (right-left-right) step right
5-6-7&8 (Big steps or struts) forward left, right locking step left (left-right-left)

STOMP, STOMP TRIPLE STEP, ¼ RIGHT MAMBO STEP, MAMBO STEP

1-2-3&4 Stomp right, stomp left, triple step (making ¼ turn to the right)
5&67&8 Mambo left, forward mambo, right back

CROSS RECOVER, TRIPLE LEFT, SIDE CROSS RECOVER, TRIPLE RIGHT

1-2-3&4 Cross recover left over right, lindy left
5-67&8 Cross right over left, recover left, lindy right

STOMP, STOMP LOCKING STEP, BACK LOCKING STEP, STOMP KICK

1-2-3&4 Stomp left, stomp right, left locking step, back and another
5&67-8 Right locking step back, stomp left, kick right

REPEAT
