

Strut 'n Vines

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner contra dance
编舞者: Judy McDonald (CAN)
音乐: Kind of Like It's Love - Jason McCoy



RIGHT TOE STRUT, LEFT TOE STRUT

- 1 Step right toe forward
- 2 Drop right heel
- 3 Step left toe forward
- 4 Drop left heel

RIGHT TOE STRUT, LEFT HEEL BALL CHANGE

- 5 Step right toe forward
- 6 Drop right heel
- 7 Touch left heel forward
- & Step left back
- 8 Step right in place

LEFT TOE STRUT, RIGHT TOE STRUT

- 1 Step left toe forward
- 2 Drop left heel
- 3 Step right toe forward
- 4 Drop right heel

LEFT TOE STRUT, RIGHT HEEL BALL CHANGE

- 5 Step left toe forward
- 6 Drop left heel
- 7 Touch right heel forward
- & Step right back
- 8 Step left in place

RIGHT VINE WITH ½ TURN BRUSH

- 1 Step right to side
- 2 Step left behind right
- 3 Step right to side making ¼ turn right
- 4 Brush left while making ¼ turn right

LEFT VINE WITH BRUSH

- 5 Step left to side
- 6 Step right behind left
- 7 Step left to side
- 8 Brush right forward

RIGHT VINE WITH BRUSH

- 1 Step right to side
- 2 Step left behind right
- 3 Step right to side
- 4 Brush left forward

BOX WITH BRUSH

- 5 Step left across in front of right

- 6 Step right back
- 7 Step left to side
- 8 Brush right forward

REPEAT

BONUS

After the 3rd time you do the dance, there is a 16 count bridge. Just do the first 8 counts going forward, and the next 8 counts backing up. This way, you fill in the bridge and then you can start the dance from the beginning again.

With two lines facing each other to start, they will pass through each other during the first 16 counts. The rest of the dance will shift them over, so they may not pass through the same people the next time, so don't get hung up on going through the same people every time. Just keep movin' and have fun!
