

Strummin'

COPPER KNOB
STEPPERS

拍数: 80 墙数: 4 级数: Intermediate
编舞者: Roy Greene (USA)
音乐: Baby Likes to Rock It - The Tractors



STOMP, HOOK, HEEL, HOME

- 1 Stomp right foot next to left foot
- 2 Hook right foot across left ankle
- 3 Touch right heel forward
- 4 Bring right foot home

STOMP, HOOK, HEEL, HOME

- 5 Stomp left foot next to right foot
- 6 Hook left foot across right ankle
- 7 Touch left heel forward
- 8 Bring left foot home

HEELS, TOES, HEELS, TOUCH

- 9 Swivel both heels to the left, moving left
- 10 Swivel toes to the left, moving left
- 11 Swivel both heels to the left, moving left
- 12 Touch toes of right foot to inside of left calf

HEELS, TOES, HEELS, STOMP

- 13 Swivel both heels to the right, moving right
- 14 Swivel toes to the right, moving right
- 15 Swivel both heels to the right, moving right
- 16 Stomp left foot next to right foot

STOMP, HOOK, HEEL, HOME

- 17 Stomp left foot next to right foot
- 18 Hook left foot across right ankle
- 19 Touch left heel forward
- 20 Bring left foot home

STOMP, HOOK, HEEL, HOME

- 21 Stomp right foot next to left foot
- 22 Hook right foot across left ankle
- 23 Touch right heel forward
- 24 Bring right foot home

HEELS, TOES, HEELS, TOUCH

- 25 Swivel both heels to the right, moving right
- 26 Swivel toes to the right, moving right
- 27 Swivel both heels to the right, moving right
- 28 Touch toes of left foot to inside of right calf

HEELS, TOES, HEELS, STOMP

- 29 Swivel both heels to the left, moving left
- 30 Swivel toes to the left, moving left
- 31 Swivel both heels to the left, moving left

32 Stomp right foot next to left foot

KICK BALL CHANGE / KICK BALL CHANGE

33-34 Right kickball change

35-36 Right kickball change

RIGHT LEAD JAZZ BOX

37 Cross right foot over left foot, putting weight on right foot

38 Step back with left foot, putting weight on it

39 Step right foot out to right

40 Step left foot next to right foot

KICK BALL CHANGE / KICK BALL CHANGE

41-42 Right kickball change

43-44 Right kickball change

RIGHT LEAD JAZZ BOX

45 Cross right foot over left foot, putting weight on right foot

46 Step back with left foot, putting weight on it

47 Step right foot out to right

48 Step left foot next to right foot

TRIPLE STEP / ROCK BACK

49-50 Cha-cha forward-right left -right

51 Step left foot forward, rocking weight on to it

52 Keeping right foot in place, rock weight back to it

TRIPLE STEP / ROCK FRONT

53-54 Bringing left foot back next to right foot- triple step backward-left-right-left

55 Right foot step back, rocking weight on it

56 Keeping Left foot In Place, Rock Weight On To It

TRIPLE STEP / STEP PIVOT

57-58 Cha-cha forward-right-left-right

59 Step left foot forward

60 Pivot $\frac{1}{2}$ turn to the right keeping right foot in place, weight on it

TRIPLE STEP / STEP $\frac{1}{4}$ / STEP $\frac{1}{4}$ / STEP $\frac{1}{4}$

61-62 Cha-cha forward-left-right-left

63-64 Step right foot forward / pivot $\frac{1}{4}$ left

65-66 Step right foot forward / pivot $\frac{1}{4}$ left

67-68 Step right foot forward / pivot $\frac{1}{4}$ left

ROCK FRONT / ROCK BACK / ROCK FRONT / ROCK BACK

69 Keeping weight on left foot, step right foot forward, weight on it

70 Rock weight back to left foot

71 Step right foot backward, weight on it

72 Rock weight front to left foot

73 Keeping weight on left foot, step right foot forward, weight on it

74 Rock weight back to left foot

75 Step right foot backward, weight on it

76 Rock weight front to left foot

TRIPLE SIDE / TRIPLE SIDE

77-78

Step right foot slightly to right side and triple step right-left-right to right side

79-80

Step left foot slightly to left side and triple step left-right-left to left side

REPEAT
