

The Stroll

COPPER KNOB
STEPSHEETS

拍数: 12 墙数: 1 级数: Beginner contra dance
编舞者: Unknown
音乐: The Stroll - The Diamonds



Position: Contra. Men on one side, ladies on the other

RIGHT POINTS

- 1 Point right forward and a little left
- 2 Point right to side
- 3 Point right forward and a little left

VINE RIGHT

- 4 Step right to side
- 5 Step left across behind right
- 6 Step right to side

LEFT POINTS

- 7 Point left forward and a little right
- 8 Touch left to side
- 9 Point left forward and a little right

LEFT VINE

- 10 Step left to side
- 11 Step right across behind left
- 12 Step left to side

REPEAT

The contra side does the opposite (mirror image) foot work

When a couple reaches the end of the line they go down the middle between the contra lines doing "freestyle" (usually holding hands and doing lock steps rolling turns, etc.) Down to the other end of the line. Sort of a waterfall mixer. To keep the whole shebang from moving across the room take bigger steps when doing the vine toward the head of the line.
