

# Stop, Look & Listen!

拍数: 64      墙数: 4      级数:  
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK)  
音乐: Rubberneckin' (2003 Remix) - Elvis Presley



## RIGHT KNEE ROLL WITH TOUCHES, RIGHT SIDE LUNGE, RIGHT ROCK BACK & RECOVER, RIGHT FORWARD SHUFFLE

1-2      Touch right toes in to left instep turning right knee in, turning right knee out touch right toes out  
3-6      Lunge right to right side, recover weight on left, rock right back, recover weight on left  
7&8      Step right forward, step left together, step right forward

## LEFT KNEE ROLL WITH TOUCHES, LEFT SIDE LUNGE, LEFT ROCK BACK & RECOVER, LEFT FORWARD SHUFFLE

1-2      Touch left toes in to right instep turning left knee in, turning left knee out touch left toes out  
3-6      Lunge left to left side, recover weight on right, rock left back, recover weight on right  
7&8      Step left forward, step right together, step left forward

## RIGHT FORWARD & BACK ROCK STEPS, RIGHT TO RIGHT SIDE, ½ LEFT & LEFT TO LEFT SIDE, RIGHT CROSSING SHUFFLE

1-4      Rock right forward, recover weight on left, rock right back, recover weight on left  
5-6      Step right to right side, turning ½ left step left to left side  
7&8      Cross step right over left, step left to left side, cross step right over left

## LEFT FORWARD & BACK ROCK STEPS, LEFT CROSS STEP, ¼ LEFT & RIGHT BACK, ¼ LEFT & LEFT SIDE SHUFFLE

1-4      Rock left forward, recover weight on right, rock left back, recover weight on right  
5-6      Cross step left over right, turning ¼ left step right back  
7&8      Turning ¼ left step left to left side, step right together, step left to left side

## FORWARD RIGHT TOUCH, ¼ RIGHT & RIGHT TOUCH, RIGHT KICK BALL STEP, WALK 2, RIGHT FORWARD COASTER STEP

1-2      Touch right toes forward, turning ¼ right on left foot touch right toes forward  
3&4      Kick right forward, step right together, step left forward  
5-6      Step right forward, step left forward  
7&8      Step right forward, step left together, step right back

## LEFT TOES BACK, UNWIND ½ LEFT, RIGHT FORWARD SHUFFLE, LEFT FORWARD ROCK & RECOVER, LEFT TOES BACK, ¼ LEFT TURN

1-2      Touch left toes back, unwind ½ left ending with left forward  
3&4      Step right forward, step left together, step right forward  
5-6      Rock left forward, recover weight on right  
7&8      Touch left toes back, pivot ¼ left with weight ending on left

## WEAVE LEFT 2, RIGHT SAILOR HEEL, RIGHT BACK, LEFT CROSS STRUT, RIGHT SIDE STRUT

1-2      Cross step right over left, step left to left side  
3&4      Cross right behind, step left to left, touch right heel forward  
&5-6      Step right back, cross touch left toes over right, drop left heel down  
7-8      Touch right toes to right side, drop right heel down

## ½ LEFT & LEFT SIDE STRUT, ¼ LEFT & RIGHT FORWARD STRUT, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD SHUFFLE

1-2 Turning  $\frac{1}{2}$  left touch left toes to left side, drop left heel down  
3-6 Turning  $\frac{1}{4}$  left touch right toes forward, drop right heel down, step left forward, pivot  $\frac{1}{2}$  right  
7&8 Step right forward, step left together, step right forward

**REPEAT**

**ENDING**

On the 7th & final wall of the dance to end facing front wall, dance as far as count 56 then turn your LEFT knee in & strike your best Elvis pose.

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