

Stop Ya Bitchin!

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Stop Ya Bitchin - Abs



AND ¼ TURN, TOUCH, FLICK, KICK, COASTER STEP, ROCK RECOVER

&1-2 Step back onto the left, as you step the right forward, make a ¼ turn left turning heels
3&4 Touch right in place, flick right to right side, kick right forward
5&6 Right coaster step
7-8 Left rock forward, recover onto right

TURN SHUFFLE, KICK AND TOUCH, TOUCH HITCH CROSS, COASTER CROSS

1&2 Half turn shuffle left, (left, right, left)
3&4 Kick right forward, touch left to left side
&5&6 Touch right to right side, hitch right up and cross over left (taking weight onto right)
7&8 Left coaster step crossing left over right

Tag goes here on wall 3

SIDE SHUFFLE, SAILOR ¼ TURNS, HEAL TWISTS, TOUCH

1&2 Right side shuffle (right, left, right)
3&4 Left sailor ¼ turn left
5&6 Right sailor ¼ turn right
&7-8 Twisted heels left then right to make a ¼ turn left, touch left behind

UNWIND ½, HITCH AND HEAL, ½ AND ¼ TURN, TOUCH

1-2 Unwind ½ turn left, hitch right knee
&3&4 Place left heal forward, and step forward onto right
5-6 ½ turn pivot, step forward onto right
7-8 ¼ turn pivot, touch right in place

REPEAT

TAG

After count 16 on the 3rd wall

1-2 Rock right to right side recover onto left
3&4 Right behind, left to side, cross right
5-6 Rock left to left, recover weight to right
7&8 Left behind side cross