

# Stop It! I Like It

**COPPER KNOB**  
BY STEPHENETS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Leif Henrik Gronvold (NOR)  
音乐: Stop It! I Like It! - Rick Guard



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## SLIDE SKATE BACKWARD

1-8      Slide right foot back slide left foot back slide right foot back slide left foot back, weight on both feet

## HEEL TOUCHES WITH TURNS

1-8      Turn  $\frac{1}{4}$  to left touch left heel out, turn  $\frac{1}{2}$  to right touch right heel out, turn  $\frac{1}{2}$  to left touch left heel out, touch right toe beside left foot

## CROSS SHUFFLE, STEP, HOLD, $\frac{1}{4}$ TURN, HOLD

1-8      Cross right foot over left foot step left foot out to left cross right foot over left foot, step left foot out to left, hold, turn  $\frac{1}{4}$  to right, hold

## UNWIND, STEP, TOUCH, HOLD

1-8      Turn  $\frac{1}{4}$  right weight on left foot, turn  $\frac{1}{2}$  left weight on right foot, turn  $\frac{1}{4}$  to right & step left foot forward & touch right toe beside left foot & hold

## HEEL TOUCHES, TOE TOUCHES

1-8      Touch right heel out front, touch left heel out front, touch right toe to right side, touch left toe to left side

## $\frac{1}{2}$ TURN, SHUFFLE, STOMP

1-8      Step right foot forward & turn  $\frac{1}{2}$  turn left, forward shuffle stepping left right left & stomp right foot beside left foot

## TOE TOUCHES

1-8      Touch right toe to right side, touch left toe to left side, touch right toe out front, touch left toe out front

## HITCH KNEES, HIP BUMPS

1-8      Hitch right knee up, hitch left knee up, bump hips right left right left

## REPEAT

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