

# Stop And Start

拍数: 64      墙数: 4      级数: Improver  
编舞者: Pat Stott (UK)  
音乐: Start, Change, & Stop - The Jive Aces



## **TAP, SIDE, TAP, SIDE, CLOSE, SIDE, TAP, SIDE, TAP, SIDE, TAP, SIDE, CLOSE, ¼ TURN AND STEP FORWARD, SCUFF**

- 1-2              Step right to right swinging arms to right, tap left next to right and click fingers
- 3-4              Step left to left swinging arms to left, tap right next to left and click fingers
- 5-8              Step right to right, close left to right, step right to right, tap left next to right
- 9-10             Step left to left swinging arms to left, tap right next to left and click fingers
- 11-12            Step right to right swinging arms to right, tap left next to right and click fingers
- 13-14            Step left to left, close right to left
- 15-16            Turn ¼ to left stepping forward on left, scuff right foot forward

## **CROSS STRUT, BACK STRUT, SIDE, ROCK, STEP FORWARD, HOLD, CROSS STRUT, BACK STRUT, SIDE, ROCK, STEP FORWARD, HOLD**

- 17-18            Cross right toe over left, lower heel
- 19-20            Left toe back, lower heel
- 21-22            Rock right to right, recover on left
- 23-24            Step forward on right, hold
- 25-26            Cross left toe over right, lower heel
- 27-28            Right toe back, lower heel
- 29-30            Rock left to left, recover on right
- 31-32            Step forward on left, hold

## **SWEEP, TOUCH FORWARD, HOLD, (CHARLESTON STEP), SWEEP, STEP BACK, HOLD, COASTER STEP, HOLD, STEP, HOLD, ½ PIVOT, HOLD, TOE STRUT, TOE STRUT**

- &                Sweep right from back to front
- 33-34            Touch right toe forward, hold
- &35-36           Sweep right from front to back, step back on right, hold
- 37-40            Step back on left, close right to left, step forward on left, hold
- 41-42            Step forward on right, hold
- 43-44            ½ pivot left transferring weight to left, hold
- 45-46            Right toe forward, lower heel
- 47-48            Left toe forward, lower heel

## **TURNING RUMBA BOX TWICE, TAP**

- 49-50            Step right to right, close left to right
- 51-52            Turn ¼ to right stepping forward on right, hold
- 53-54            Step left to left, close right to left
- 55-56            Step back on left, hold
- 57-58            Step right to right, close left to right
- 59-60            Turn ¼ to right stepping forward on right, hold
- 61-62            Step left to left, close right to left
- 63-64            Step back on left, tap right beside left

## **REPEAT**

## **RESTART**

During 4th sequence the music stops on step 48 ( you will be facing 6:00), point right to right (on the word "stop") and hold, after a total of 8 beats from the point to side, then restart the dance from the beginning

## ENDING

Facing 12:00 dance up to step 48, point right to right (on the word "stop") and hold, after 8 beats, restart from beginning up to step 7, finish stepping forward on left arms out to the sides

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