

Stompin' Shuffle

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Linda Relyea (USA)
音乐: Poor Boy Shuffle - The Tractors



RIGHT FORWARD, SIDE, TRIPLE STEP

1-2 Kick right foot forward, side
3&4 Triple step in place right-left-right

LEFT FORWARD, SIDE, TRIPLE STEP

5-6 Kick left foot forward, side
7&8 Triple step in place left-right-left

ROCK AND SHUFFLE

9-10 Cross right foot over left foot rock back on left foot
11&12 Shuffle to the right side right-left-right
13-14 Cross left foot over right foot, rock back on right foot
15&16 Shuffle to the left side with $\frac{1}{4}$ turn left, left-right-left
& On the & count make $\frac{1}{2}$ turn to the left, on the ball of your left foot.

STOMP AND FAN

17 Stomp right foot forward
18 Fan toe to right
19 Stomp left foot forward
20 Fan toe to left
21-24 Repeat step 17-20

ROCK AND $\frac{1}{2}$ TURNS

25-26 Rock forward on right foot, back on left foot
27&28 Turn $\frac{1}{2}$ turn right shuffle right-left-right
29-30 Rock forward on left foot back on right foot
31&32 Turn $\frac{1}{2}$ turn left shuffle left-right-left

JUMPS

&33-34 Jump forward right foot and left foot hold (clap if you like)
&35-36 Jump back right foot and left foot hold

HIP BUMPS

37-38 Bump hips right, right
39-40 Bump hips left, left

MILITARY TURNS

41 Step forward on right foot and pivot $\frac{1}{4}$ turn to the left
42 Shift weight to left foot
43-48 Repeat steps 41-42

REPEAT