

# Stompin' & Believin'

拍数: 32      墙数: 0      级数:  
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音乐: Foot Stomp Stompin' - The Tractors



## FORWARD, STOMPS, STEP BACK, HEEL TOUCH INTO ¼ TURN

- 1 Step forward on right
- 2 Step forward on left
- 3-4 Stomp (no weight) ball of right slightly forward twice
- 5 Step back on right
- 6 Step back on left
- 7 Touch right heel to right (toe pointing to 3:00)
- 8 On ball of left, make ¼ turn right (to 3:00), stepping on right beside left

## HEEL TOUCH, STEP, HEEL TOUCH INTO ¼ TURN, HEEL TOUCH, STEP, STOMPS

- 9 Touch left heel forward
- 10 Step left to center beside right
- 11 Touch right heel to right (toe pointing to 6:00)
- 12 On ball of left make ¼; turn right (to 6:00) stepping on right beside left
- 13 Touch left heel forward
- 14 Step left to center beside right
- 15-16 Stomp (no weight) right beside left twice

## MODIFIED JAZZ SQUARE, TOE TOUCHES, STOMPS

- 17 Cross step right over left
- 18 Step back on left
- 19 Step right to right side
- 20 Touch left toe beside right
- 21 Touch left toe out to left side
- 22 Step left to center beside right
- 23-24 Stomp (no weight) right beside left twice

## TOE TOUCHES, STEP BACK INTO FORWARD ROCK, ¼ PIVOT, STOMPS

- 25 Touch right toe forward
- 26 Touch right toe out to right side
- 27 Keeping left in place step back on right
- 28 Rock forward on left
- 29 Step forward on right
- 30 Pivot ¼ turn left (3:00), changing weight to left
- 31 Stomp (weight) right beside left
- 32 Stomp (weight) left beside right

**REPEAT**

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