

Stomp It Up!

COPPER KNOB
STEPPERS

拍数: 0 墙数: 2 级数: Intermediate/Advanced
编舞者: Gary Maxwell
音乐: Heart's Desire - Lee Roy Parnell



Sequence: For "Honky Tonk Attitude", dance AB, AB, AC, AB, AB, AC, AB, AB, AB, AC, AB

PART A

SHUFFLE, SHUFFLE, SIDE, SHIMMIES, STOMP UP

- 1&2 Shuffle forward left-right-left.
- 3&4 Shuffle forward right-left-right.
- 5 Long step left to left starting shoulder shimmy (left shoulder forward).
- 6-7 Shimmy shoulders for two counts while dragging right close to left.
- 8 Stomp up right (optional: clap hands).

SCOOT-STEPS BACK, SIDE, SHIMMIES, STOMP UP

- & Small scoot back left and swing right out and back (shoulder width).
- 9 Step back on right ball.
- & Small scoot back right and swing left out and back (shoulder width).
- 10 Step back on left ball.
- & Small scoot back left and swing right out and back (shoulder width).
- 11 Step back on right ball.
- & Small scoot back right and swing left out and back (shoulder width).
- 12 Step back on left ball.
- & Small scoot right left.
- 13 Long step right to right starting shoulder shimmy (right shoulder forward).
- 14-15 Shimmy shoulders for two counts while dragging left close to right.
- 16 Stomp up left (optional: clap hands).

The scoot-steps (counts &9-12&) may be substituted with two shuffles back: right-left-right, left-right-left.

STEP, STOMPS AND ¼ PIVOTS, ROCK BACK, ROCK FORWARD

- 17 Step forward left.
- 18 Stomp forward right.
- 19 Pivot ¼ left (now at 9:00), transferring weight to left.
- 20 Stomp forward right.
- 21 Pivot ¼ left (now at 6:00), transferring weight to left.
- 22 Stomp forward right.
- 23 Rock back on left.
- 24 Rock forward on right.

PART B

TWO SHUFFLES WITH FULL RIGHT TURN, WALKS, STOMPS UP

- 25&26 (Shuffle) step forward left turning ¼ right. Step right next to left. Step side left turning ¼ right. (12:00)
- 27&28 (Shuffle) step back right turning ¼ right. Step left next to right. Step side right turning ¼ right. (6:00)
- 29-30 Step forward left. Step forward right.
- 31-32 Stomp up left. Stomp up left.

HEEL, HOLD, & TOE, HOLD, & POINT & HEEL & STOMP UP, STOMP UP

- 33 Touch left heel forward.
- 34 Hold.

& Step left next to right.
35 Point right toe behind.
36 Hold.
& Step right next to left.
37 Point left toe to side.
& Step left next to right.
38 Touch right heel forward.
& Step right next to left.
39-40 Stomp up left. Stomp up left.

TOE-HEELS BACK WITH ¼ LEFT, RUNNING VINE, SCUFF WITH ¼ RIGHT

41 Touch back left toe.
42 Left heel down with 1/8 left turn. (4:30)
43 Touch back right toe.
44 Right heel down with 1/8 left turn. (3:00)
& Small step left to left.
45 Cross right in front of left.
& Small step left to left.
46 Cross right behind left.
& Small step left to left.
47 Cross right in front of left.
48 Scuff forward left turning ¼ right. (finish facing 6:00 wall)

The running vine (&45 through 47) may be substituted with a shuffle side left-right-left, small step forward right.

PART C

"ATTITUDE" WALK (4/4 TIME)

25-28 Walk forward with attitude! Left, right, left, right.

STOMP FORWARD, HIP BUMPS, HOLD, HIP BUMPS, HOLD, ROCK (TRIPLETS)

29 Stomp left slightly forward with feet shoulder width apart
30 Bump hips right.
31 Bump hips left.
32 Bump hips right.
33 Hold.
34 Hold.
35 Hold.
36 Bump hips left.
37 Bump hips right.
38 Bump hips left.
39 Hold.
40 Rock in place right.
