

Stoked!

拍数: 32 墙数: 4 级数: Improver
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音乐: Strokin' - Clarence Carter



- 1 Right foot touch to the side
 - 2 Right foot cross in front of left foot
 - 3 Make a $\frac{1}{2}$ pivot turn to the left on the balls of the feet
 - 4 Touch right toes center
 - 5 Right foot step back and make a $\frac{1}{4}$ turn right
 - 6 Left foot touch center
 - 7 Left foot step to the side and make a $\frac{1}{2}$ turn to the left
 - 8 Touch right foot center
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- 1 Right foot step to the side
 - & Left foot step behind right foot
 - 2 Right foot step to the side
 - 3 Left foot step over right foot and make a $\frac{1}{4}$ pivot turn right
 - 4 Pivot $\frac{1}{2}$ turn to the right on the balls of the feet and shift weight to right foot
 - 5 Left foot step forward
 - 6 Right foot lock step behind left foot
 - 7 Left foot step forward
 - 8 Scoot forward on left foot
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- 1 Right foot step to the side and shimmy hips: move hips right
 - & Move hips left
 - 2 Move hips right
 - & Make a $\frac{1}{4}$ turn to the right
 - 3&4 Left foot kick-ball-touch
 - 5 Right foot step to the side and shimmy hips: move hips right
 - & Move hips left
 - 6 Move hips right
 - & Make a $\frac{1}{4}$ turn to the right
 - 7&8 Left foot kick-ball-touch
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- 1 Right foot touch to the side
 - 2 Right foot step across left foot and make a $\frac{1}{2}$ pivot turn left and transfer weight to right foot
 - 3&4 Left foot back-ball-change
 - 5 Right foot step forward
 - 6 Left foot lock step behind right foot
 - 7 Right foot step forward and start a $\frac{1}{2}$ turn to the right
 - 8 Complete $\frac{1}{2}$ turn to the right - stomp left foot center - shift weight to left foot

REPEAT