Stitch It Up

拍数: 64

级数: Improver

编舞者: Robbie McGowan Hickie (UK)

音乐: Elvis Medley - The Deans Brothers

WEAVE RIGHT, HOLD, ROCK STEP

- 1-2 Step right to right side, cross left behind
- 3-4 Step right to right side, cross left in front of right
- 5-6 Step right to right side, hold one count
- 7-8 Step back on left, rock weight forward onto right

WEAVE LEFT, HOLD, ROCK STEP

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, cross right in front of left
- 5-6 Step left to left side, hold one count
- 7-8 Step back on right, rock weight forward onto left

TOE TOUCHES, HEEL HOOK, LOCK STEP-HOLD

- 1-2 Touch right toe to right side, touch right toe next to left
- 3-4 Touch right heel forward, hook right heel across left foot
- 5-6 Step forward on right, lock left behind right
- 7-8 Step forward on right, hold one count

TOE TOUCHES, HEEL HOOK, LOCK STEP-HOLD

1-8 Repeat counts 17-24 starting with left foot

ROCK STEP, BACK-HOLD, LOCK STEP BACK-HOLD

- 1-2 Step forward on right, rock weight back onto left
- 3-4 Step back on right, hold one count
- 5-6 Step back on left, lock right across left
- 7-8 Step back on left, hold one count

SWING/SWEEP BACK X3, DIP DOWN AND UP

- 1-2 Swing/sweep right out from front to back, step right behind left
- 3-4 Swing/sweep left out from front to back, step left behind right
- 5-6 Swing/sweep right out from front to back, step right behind left
- 7-8 Bend knees and dip down, stand upright (weight on right)

LOCK STEP, STEP-HOLD, ROCK ¼ TURN, STEP-HOLD

- 1-2 Step forward on left, lock right behind left
- 3-4 Sep forward on left, hold one count
- 5-6 Step right to right side, rock weight onto left turning 1/4 left
- 7-8 Step forward on right, hold one count

STEP-1/2 TURN, STEP-HOLD, TOE TOUCHES

- 1-2 Step forward on left, pivot 1/2 turn right
- 3-4 Step forward on left, hold one count
- 5-6 Touch right toe to right side, touch right toe next to left
- 7-8 Touch right toe to right side, touch right toe next to left

REPEAT





墙数:4