Stir It Up, Boys

拍数: 32

墙数:0

编舞者: Norma Jean Fuller (USA) & Lewis Cain (USA)

音乐: Fire - Babyface & Des'ree

Position: Begin in Side-by-side position

STEP SCUFFS

- 1-2 Step forward on right, scuff left forward
- 3-4 Step forward on left, scuff right forward
- 5-6 Step forward on right, scuff left forward
- 7-8 Step forward on left, scuff right forward

SMALL STEPS BACK, STEP TOGETHER, STEP, HIP BUMPS

- 1-2 Small step back on right, small step back on left
- 3-4 Small step back on right, small step back on left
- 5-6 Step to right on right, step left next to right
- 7-8 Step to right on right bumping hips to right, repeat hip bump

Option: look at partner on steps 1-4

STEP SCUFF TURNING ¾ TURN LEFT

- 1-2 Step left ¼ turn left releasing right hands, scuff right
- 3-4 Step right ¼ turn left, scuff left (RLOD)
- 5-6 Step left, ¼ turn left, scuff right (facing OLOD)
- 7-8 Step right, scuff left

VINE LEFT, STEP ¼ TURN, SCUFF RIGHT

- 1-2 Step left on left, step right behind left
- 3-4 Step left on left, step right across in front of left
- 5-6 Step left on left, step right behind left
- 7-8 Step ¼ turn left on left, scuff right forward

Option: lady turns full turn left on steps 1-4 ending with right across in front of left

REPEAT





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