

Sting Ray

COPPER KNOB
STEPPSHEETS

拍数: 44 墙数: 4 级数: Intermediate
编舞者: Red Martindale (USA)
音乐: Day In, Day Out - David Kersh



ROCK STEP, CHA-CHA-CHA (½ TURN RIGHT)

1-2 Rock forward on right foot, rock back on left foot
3&4 Cha, cha, cha, (right left right making ½ turn right)

ROCK STEP, ¼ TURN LEFT, STEP BACK (TOE UP)

5-6 Rock forward on left, step right foot back ¼ turn left
7-8 Step back left, step back right
9-10 Step back left (leaving right toe up), rock right toe down step pivot, step pivot
11-12 Step left foot forward pivot ½ turn right
13-14 Step left foot forward pivot ½ turn right

LEFT VINE, SCUFF

15-18 Step left foot to left, step right foot behind left, step left foot to left, scuff right foot

RIGHT VINE, STOMP

19-22 Step right foot to right, step left foot behind right, step right foot to right, stomp left foot beside right (weight on left foot)

HEEL, TOGETHER, HEEL TOGETHER

22-26 Touch right heel out in front, step right foot home, touch left heel out in front, step left foot home

HEEL EXCHANGE (TUSH PUSH)

27&28 Touch right heel, step right foot home, touch left heel out
&29&30 Jump left foot home, touch right heel out, jump right foot home, left heel out

HIP BUMPS

31-32 Bump left hip forward, bump left hip forward
33-34 Bump right hip back, bump right hip back (left toe remains up)

HEEL HOOK, STEP, ¼ TURN LEFT, SCUFF

35-36 Touch left heel out, hook left foot across right shin
37-38 Step left foot ¼ turn left, scuff right

KICK-BALL-CROSS, KICK-BALL-CROSS

39&40 Kick right foot forward, step right ball of foot home, step left foot across right
41-42 Kick right foot forward, step right ball of foot home, step left foot across right

STEP PIVOT ¼ TURN

43-44 Step right foot forward, step left foot ¼ turn to left

REPEAT