

Still The One

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Bill Bader (CAN)
音乐: Still The One - Jeanette O'Keefe



TRIPLE LEFT, BACK, ROCK FORWARD, TOE-HEEL SIDE, TOE-HEEL ACROSS

1&2 Step left to left side, step right beside left, step left to left side
3-4 Step right back behind left: rock forward onto left
5-6 Touch right toe to right side: lower right heel
7-8 Touch left toe crossed over right: lower left heel

TRIPLE RIGHT, BACK, ROCK FORWARD, TOE-HEEL SIDE, TOE-HEEL ACROSS

9&10 Step right to right side, step left beside right, step right to right side
11-12 Step left back behind right: rock forward onto right
13-14 Touch left toe to left side: lower left heel
15-16 Touch right toe crossed over left: lower right heel

LEFT SIDE, ROCK, CROSS, HOLD, RIGHT SIDE, ROCK, CROSS, HOLD

17-18 Step left to left side: rock sideways onto right
19-20 Cross step left over right: hold (option: clap)
21-22 Step right to right side: rock sideways onto left
23-24 Cross step right over left: hold (option: clap)

BACK, LOCK, BACK, LOCK, BACK, STEP ¼ RIGHT, FORWARD, STOMP UP

25-26 Keeping feet crossed: step left back, lock step back right over left
27-28 Keeping feet crossed: step left back, lock step back right over left
29 Keeping feet crossed: step left back
30 Step right to right side turned ¼ right
31-32 Step left forward: stomp up right beside left

STOMP UP, KICK OUT, 6 STEP WEAVE LEFT

33-34 Stomp up right beside left (again): kick right diagonally forward right
35-36 Cross step right behind left angled right: step left to left side
37-38 Cross step right over left angled left: step left to left side
39-40 Cross step right behind left angled right: step left to left side

STOMP DOWN, KICK OUT, BACK, TURN, TURN, SIDE, CROSS, ROCK

41 Stomp right down crossed over left angled left (facing corner)
42 Kick left diagonally forward left
43 Step left back behind right angled left
44 Starting a full roll to right side: step right to side turned ¼ right
45 Continuing roll to right side: step left forward turning ½ right
46 Finishing roll to right side: step right to right side turned ¼ right
47-48 Cross step left over right angled right: rock back onto right

REPEAT