

Still The One

拍数: 60 墙数: 2 级数:
编舞者: David J. McDonagh (WLS)
音乐: You're Still the One - Shania Twain



RIGHT VINE, TOUCH LEFT, STEP ½ TURN, STEP ½ TURN

1-2 Step right foot to right side, step left foot behind right,
3-4 Step right foot to right side, touch left toe beside right
5-6 Step left foot forward, unwind ½ a turn to the right
7-8 Step left foot forward, unwind ½ a turn to the right

LEFT VINE, TOUCH RIGHT, STEP ½ TURN, STEP ½ TURN

9-10 Step left foot to left side, step right foot behind left,
11-12 Step left foot to left side, touch right toe beside left
13-14 Step right foot forward, unwind ½ a turn to the left
15-16 Step right foot forward, unwind ½ a turn to the left

STEP TOUCH, TRIPLE STEP, STEP ¼ TURN, STEP ¼ TURN

17-18 Step right foot to right side, touch left toe beside right
19&20 Triple step in place left-right-left
21-22 Step forward on right foot, do a ¼ turn to your left
23-24 Step forward on right foot, do a ¼ turn to your left
25-32 Repeat steps (17-24)

STEP TOUCH, TRIPLE STEP, STEP TOUCH, TRIPLE STEP

33-34 Step forward on right foot, touch left toe in place
35&36 Triple step in place left-right-left
37-38 Step back on right foot, touch left toe in place
39&40 Triple step in place left-right-left

STEP ¼ TURN, STEP ¼ TURN, HEEL BALL CROSS, HEEL BALL CROSS

41-42 Step forward on right foot, do a ¼ turn to your left
43-44 Step forward on right foot, do a ¼ turn to your left
45&46 Touch right heel forward, bring right foot in place, cross left over right
47&48 Touch right heel forward, bring right foot in place, cross left over right

SIDE & SIDE & SIDE & TOUCH, HEEL BALL CROSS, HEEL BALL CROSS

49&50 Point right toe to right side, step right in place, point left toe to left side
& Step left in place
51&52 Point right toe to right side, step right in place, touch left toe beside right
53&54 Touch left heel forward, bring left foot in place, cross right over left
55&56 Touch left heel forward, bring left foot in place, cross right over left

SIDE & SIDE & SIDE & TOUCH

57&58 Point left toe to left side, step left in place, point right toe to right side
& Step right in place
59&60 Point left toe to left side, step left in place, touch right toe beside left

REPEAT