Still Hot

拍数: 48

墙数:4

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音乐: Hot Mama - Trace Adkins

WALK, WALK, SAILOR TURN ½, HIP BUMPS

- 1-2 Walk right, left
- 3&4 Cross right behind left as you turn 1/4 turn right, step left as you turn 1/4 turn right, step slightly forward on right foot

级数: Improver

- 5&6 Bump hips left, right, left, stepping down on left foot on 6
- 7&8 Bump hips right, left, right, stepping down on right foot on 8

FORWARD ROCK, SAILOR TURN ½, TOUCH, TURN, COASTER BACK

- Rock forward on left foot, replace weight to right foot 1-2
- 3&4 Cross left behind right as you turn 1/4 turn left, step right as you turn 1/4 turn left, step slightly forward on left foot
- 5-6 Touch right toe next to left foot, turn 1/4 turn right as you kick right foot forward
- 7&8 Step back on right foot, step left foot next to right, step forward on right

PIVOT ½, SHUFFLE FORWARD, TURN, TURN, SHUFFLE FORWARD

- 1-2 Step forward on left, pivot ¹/₂ turn right, weight ends on right
- 3&4 Shuffle forward left, right, left
- 5-6 Pivot ¹/₂ turn left as you step on right foot, pivot ¹/₂ turn left as you step on left foot
- 7&8 Shuffle forward right, left, right

ROCK ¼ TURN, BEHIND & FRONT, STEP, DRAG, HIP ROLL

- 1-2 Rock forward on left foot, replace weight to right as you turn 1/4 turn right
- 3&4 Cross left behind right, step right to right side, cross left over right
- 5-6 Big step right, drag left foot to right
- 7-8 Hip roll right, left, weight ends on left

STEP, TOUCH, CROSS, TOUCH, JAZZ BOX ¼ TURN

- 1-2 Step forward on right foot, touch left toe to left side
- 3-4 Cross left over right, touch right toe to right side
- 5-6-7-8 Cross right over left as you turn ¼ turn to right, step back on left, step right to right side, step left in place

KICK BALL STEP, KICK BALL STEP, PIVOT ½, TURN, TURN

- 1&2 Kick right foot forward, step on ball of right foot, step left forward
- 3&4 Kick right foot forward, step on ball of right foot, step left forward
- 5-6 Step forward on right foot, pivot 1/2 turn left, weight ends on left
- 7-8 Pivot ¹/₂ turn left as you step on right foot, pivot ¹/₂ turn left as you step forward on left

REPEAT



