

Still Believing

拍数: 48 墙数: 4 级数: Improver waltz
编舞者: Mal Swalling
音乐: I Still Believe - Scooter Lee



HIPS LEFT-RIGHT-LEFT, WEAVING VINE, TURN, SWEEP, ROCK

- 1-2-3 Step left to left diagonal pushing hips left, push hips back to right diagonal, push hips forward left diagonal
4-5-6 Turn ¼ left and step right to right, step left behind right, turn ¼ right and step right forward
7-8-9 Turn ½ left on ball of right and step left back, sweep right in arc from forward to back right diagonal, step right back diagonal pushing hips back

HIPS LEFT-RIGHT-LEFT, LEFT TURNING ¾ ROLL FORWARD, STEP, KICK, KICK

- 10-11-12 Push hips forward left diagonal, push hips back right diagonal, push hips forward left diagonal
13-14-15 Turn ¼ left on ball of left and step right to right, turn ½ left on ball of right and step left to left, step right across left
16-17-18 Step left to left, kick right forward, kick right forward

COASTER, SLOW TURN AND ROCK

- 19-20-21 Step right back, step left together, step right forward
22-23-24 Pivot ½ turn left for two beats pushing weight onto left, rock back on right (left lifts slightly off floor)

2 FULL TURNS LEFT WALTZ FORWARD

Option: Those not wishing to turn use standard waltz steps to travel forward

- 25-26-27 Turn ¼ left step on ball of left step right to right, turn ½ left on ball of right step left to left, turn ¼ left on ball of left step right together
28-29-30 Turn ¼ left step on ball of left step right to right, turn ½ left on ball of right step left to left, turn ¼ left on ball of left step right together

HIPS LEFT-RIGHT-LEFT, 45 DEGREE TRAVELING CROSS STEPS

- 31-32-33 Step left to left diagonal pushing hips left, push hips back right diagonal, push hips forward left diagonal
34-35-36 Step right back diagonal, step left back over right, step right back diagonal
37-38-39 Step left back diagonal, step right back over left, step left back diagonal

TURN, HIPS RIGHT-LEFT-RIGHT, CROSS, TURN, KICK, KICK, TOGETHER, TOGETHER

- 40-41-42 Turn ¼ right on ball of left and step right to right pushing hips right, push hips left, push hips right
43-44-45 Step left across right, turn ¼ left on ball of left and step right back, kick left forward
46-47-48 Kick left forward, step left together, step right together

REPEAT

TAG

After the 4th wall waltz forward and back

- 1-3 Step left forward, step right together, step left together
4-6 Step right back, step left together, step right together

And start the dance again.