

Still Alive

COPPER KNOB
BY STEPHEN BRETZ

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Lisa Taylor
音乐: Stayin' Alive - N-Trance



-
- 1-4 Vine right, touch left foot together & clap
&5&6 Backwards jig (like skipping backwards) starting with the left foot (left-right-left-right)
&7&8 Repeat &5&6 with right-left-right-left
- 9-12 Vine left, touch right foot together & clap
&13&14 Backwards jig (right-left-right-left)
&15&16 Backwards jig (left-right-left-right)
- 17&18 Shuffle forward with the right foot (while you put your right arm up & the left hand touches the right elbow)
19&20 Shuffle forward with the left foot (while you put your left arm up & the right hand touches the left elbow)
- 21-22 Cross the right foot behind the left foot & unwind ½ turn to the right
23-24 Stomp the left foot & then the right
- 25-28 Heels move left, center, left, center while you point your right finger up, down, up, down (the Travolta move)
- 29-30 Step the right foot forward & ½ turn to the left
31-32 Step the right foot forward & ¼ turn to the left
- 33-34 Strut forward with the right foot (toe, heel drops) while you do 2 arm pulls
35-36 Strut forward with the left foot (toe, heel drops) while you do 2 arm pulls
- 37-40 Touch the right heel forward & ¼ turn to the left four times so you do a full turn to the left (while you wind your both hands together & point the right finger up on the 4th beat.)
- 41-44 Right hand & finger points out in front & moves from the left to the right
45-48 Left hand & finger points out in front & moves from the right to the left
- 49&50-52 Shuffle side step to the right, rock back on left, rock forward on right
53&54-56 Shuffle side step to the left, rock back on right, rock forward on left

REPEAT
