# Stickin' With It



拍数: 40 墙数: 4 级数: Improver east coast swing

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音乐: I Ain't No Quitter - Shania Twain



16 count Intro; Start dancing on words "He Ropes, He Rides"

### SIDE SHUFFLE, ROCK/RETURN, SIDE SHUFFLE, ROCK/RETURN

1&2 Step right to right, step left together with right, step right to right

3-4 Rock left behind right, recover on right

Step left to left, step right together with left, step left to left

7-8 Rock right behind left, recover on left

### SUGARFOOT (SWIVEL HIPS FOR STYLING), HOP BACK (TWICE)

1-2 Touch right toe beside left, touch right heel beside left

3 Cross right over left taking weight onto right

4-5 Touch left toe beside right, touch left heel beside right

6 Cross left over right taking weight onto left

&7 Hop slightly backward on left, tap right toe next to left foot

&8 Repeat count 7 (weight remains on left foot)

### TURNING SIDE SHUFFLES, SYNCOPATED JAZZ BOX

&1&2 1/4 turn right, step right to right side, step left beside right, step right to right

& Turn ½ turn right

3&4 Step left to left, step right beside left, step left to left (facing 9:00 wall now)

5-6 Cross right over left, step back on left

&7-8 Step right beside left, cross left over right, point/touch right to right side

## Optional for last count (for the quick and brave)

8 Quickly press/weight right ball& Return weight to left in place

### CROSS, HOLD, UNWIND, KICK BALL CHANGE, WALK, WALK

1-2 Cross right over left, hold

3-4 Unwind slow ½ turn left (transfer weight to left foot)

5&6 Kick right forward, step right home, step left home (kick/ball/change)

7-8 Walk forward right, left (walk is done with "attitude")

### WALK, WALK, TURN, KICK (TWICE)

1-2 Diagonal walk toward 4:30 right, left (your body has a funky lean to the right as you walk and

kick here)

3&4 Continue walking toward 4:30 with right foot, turn left to face 1:30, kick left (toe pointed)

toward 1:30

5-6 Diagonal walk toward 1:30 left, right (your body has a funky lean to the left as you walk and

kick here)

7&8 Continue walking toward 1:30 with left foot, turn right to face 4:30, kick right (toe pointed)

toward 4:30

& Turn slightly left to face new wall (3:00 wall is new starting wall)

The key to the final 8 counts is attitude: strut your stuff!

### **REPEAT**