

Steppin' Sunshine

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 2 级数: Intermediate
编舞者: Unknown
音乐: Unknown



LEFT KICK, STEP, RIGHT KICK-BALL-CHANGES, ROCK-STEP

1-2 Kick left forward; step left beside right
3&4 Kick right forward; step on ball of right; step on left
5&6 Kick right forward; step on ball of right; step on left
7-8 Step right slightly back behind left; rock forward onto left foot

RIGHT KICK-BALL-CHANGE, ROCK-STEP, RIGHT KICK, JAZZ BOX

9&10 Kick right forward; step on ball of right; step on left
11-12 Step right slightly back behind left; rock forward onto left foot
13-14 Kick right forward; cross-step right over left
15-16 Step left foot slightly back; step right foot to right side

LEFT KICK-BALL-CHANGES WITH ROCK STEPS

17&18 Kick left forward; step on ball of left; step on right
19-20 Step left foot slightly back behind right; rock forward onto right
21&22 Kick left forward; step on ball of left; step on right
23-24 Step left foot slightly back behind right; rock forward onto right

LEFT KICK, JAZZ BOX

25-26 Kick left forward; cross-step left over right
27-28 Step right foot slightly back; step left foot slightly left

HEEL-TOE STRUTS

29-30 Step right heel forward; slap right toe down
31-32 Step left heel forward; slap left toe down
33-34 Step right heel forward; slap right toe down
35-36 Step left heel forward; slap left toe down

SUGAR FOOT STEPS WITH HIP SWIVELS

37-38 Touch right toe to right side swiveling hips right; touch right heel forward swiveling hips left
39-40 Cross-step right over left swiveling hips right; touch left toe to left side swiveling hips left
41-42 Touch left heel forward swiveling hips right; cross-step left over right swiveling hips left

SUGAR FOOT STEPS WITH HIP SWIVELS

43-44 Touch right toe to right side swiveling hips right; touch right heel forward swiveling hips left
45-46 Cross-step right over left swiveling hips right; touch left toe to left side swiveling hips left
47-48 Touch left heel forward swiveling hips right; cross-step left over right swiveling hips left

¼ PIVOT, FORWARD SHUFFLES

49-50 Step right foot slightly right; pivot ¼ turn left changing weight to left foot
51&52 Shuffle forward stepping right, left, right
53&54 Shuffle forward stepping left, right, left
55&56 Shuffle forward stepping right, left, right

LEFT ROCK-STEP WITH ¼ TURN

57-58 Step left forward; rock back onto right foot

59-60

Turning $\frac{1}{4}$ left, step on left; stomp right down beside left

REPEAT
