

Steppin' Stone Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner Cha Cha
编舞者: Jo Thompson Szymanski (USA)
音乐: Steppin' Stone - Scooter Lee : (CD: Test of Time)



[1-9] CHA CHA BASIC FORWARD AND BACK

1-3 Step R forward; Rock L forward; Recover back to R
4&5 Step L back; Step R together; Step L back
6-7 Rock R back; Recover forward to L
8&1 Step R forward; Step L together; Step R forward

[10-17] CHA CHA BASIC FORWARD AND BACK, RIGHT SIDE CHA

2-3 Rock L forward; Recover back to R
4&5 Step L back; Step R together; Step L back
6-7 Rock R back; Recover forward to L
8&1 Step R to right; Step L together; Step R to right

[18-25] CROSS ROCK, SIDE CHA, CROSS ROCK, RIGHT SIDE CHA, 1/4 TURN RIGHT

2-3 Rock L across R; Recover back to R
4&5 Step L to left; Step R together; Step L to left
6-7 Rock R across L; Recover back to L
8&1 Step R to right; Step L together; Turn 1/4 right step R forward

[26-32] FORWARD ROCK, RECOVER, COASTER STEP/STOMP, HOLD, HOLD, HOLD

2-3 Rock L forward; Recover back to R
4&5 Step L back; Step R together; Step (or stomp) L forward (hands out with palms down on count 5)
6-8 Hold (You can add your own styling such as a little wiggle or hip bump as you hold)

Start again from the beginning.

I choreographed this for Scooter's birthday as a way of saying thanks for her dedication to "Dancing for the Dream". Happy birthday, Scooter and happy dancing everyone!