

Steppin' Out

拍数: 48 墙数: 4 级数: Improver
编舞者: Robbie Halvorson (USA)
音乐: Steppin' Out - Scooter Lee



SYNCOPATED GRAPEVINE RIGHT, TOE SWITCHES, CLAP 2X

1-2 Step right to right side, cross left behind right
&3-4 Step right to right side, cross left over right, step right to right side (weight goes to right foot)
5&6 Touch left toe forward, step left beside right, touch right toe forward
&7 Step right toe beside left, touch left toe forward
&8 Clap hands 2x (weight goes to right foot)

SYNCOPATED GRAPEVINE LEFT, TOE SWITCHES, CLAP 2X

1-2 Step left to left side, cross right behind left
&3-4 Step left to left side, cross right over left, step left to left side (weight goes to left foot)
5&6 Touch right toe forward, step right beside left, touch left toe forward
&7 Step left beside right, touch right toe forward
&8 Clap hands 2x (weight goes to left foot)

¼ TURN RIGHT, HOLD, ½ TURN RIGHT, HOLD, ½ TURN RIGHT, HOLD, STEP FORWARD, HOLD

1-2 Turing ¼ turn right - step right forward, hold
3-4 Step left forward turning ½ right, hold
5-6 Step right back turning ½ right, hold
7-8 Step left forward, hold

SIDE SHUFFLE RIGHT, ROCK BACK, SIDE SHUFFLE LEFT, ROCK BACK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back on left, rock forward onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock back on right, rock forward onto left

WALK, WALK, FORWARD COASTER STEP, WALK, WALK, BACK COASTER STEP

1-2 Step right forward, step left forward
3&4 Step forward right, step left beside right, step back right
5-6 Step back left, step back right
7&8 Step back left, step right beside left, step forward left

MONTEREY ¼ TURNS 2X

1-2 Touch right to right side, on ball of left make ¼ turn right, stepping right beside left
3-4 Touch left to left side, step left beside right
5-6 Repeat steps 1-2
7-8 Repeat steps 3-4

REPEAT
