

# Steppin' Out

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Joanne Brady (USA) & Maggie Gallagher (UK)  
音乐: Steppin' Out - Scooter Lee



## WALK, WALK, SAILOR STEP, SAILOR STEP, RIGHT KICK BALL-CHANGE

1-2                      Walk forward right, walk forward left  
3&4                      Step right behind left, step left to side, step right in place  
5&6                      Step left behind right, step right to side, step left in place  
7&8                      Kick right forward, step slightly back on right, step left in place

## FORWARD-ROCK, BACK-ROCK, JAZZ BOX ¼ RIGHT

1-2                      Rock forward on right, recover weight onto left  
3-4                      Rock back on right, recover weight onto left  
5-6                      Cross step right over left, step back on left  
7-8                      Turn ¼ right stepping on right, step left together

### Intermediate option:

1&2&                      Rock forward on right, recover to left, rock back on right, recover to left  
3&4&                      Rock forward on right, recover to left, rock back on right, recover to left

## STEP, DRAG, CROSS-ROCK, CHASSE LEFT, ½ TURN, TOUCH

1-2                      Step large step to side on right, drag left toe to touch together  
3-4                      Cross rock left over right, recover weight onto right  
5&6                      Step left to side, step right together, step left to side lifting right knee slightly  
7-8                      Turn ½ right and step right to side, touch left next to right

## SIDE, BEHIND, ¼ STEP, ½ PIVOT, ¼ STEP, BEHIND, SIDE (FULL TURN 8 COUNT VINE)

1-2                      Step left to side, step right behind left  
3-4                      Step left ¼ turn left, step forward on right  
5-6                      Pivot ½ turn left (weight on left), turn ¼ turn left and step right to side  
7-8                      Step left behind right, step right to side (completing whole turn)

## SHIMMY, 2, 3, CLAP, BACK 2, 3, 4

1-2                      Step left to side and shimmy shoulders for 2 counts  
3-4                      Drag right towards left, touch right next to left and clap  
5-6                      Walk back right, left  
7-8                      Walk back right, left

Use attitude and your imagination during the walks...the words to the song say "I'm steppin' out baby, back into my life again"

## POINT, CROSS, POINT, CROSS, BUMP UP & DOWN & UP & DOWN &

1-2                      Point right toe to side, cross step right over left  
3-4                      Point left toe to side, cross step left over right  
5&6                      Touch right toe forward and bump hip up, bump left hip back, bump right hip down  
&                      Bump left hip back  
7&8                      Bump right hip up, bump left hip back, bump right hip down  
&                      Bump left hip back

Your hips draw the letter "C" in the air

## REPEAT

Towards the end of the song, the music stops, but keep dancing at the same tempo and the music will kick back in.

