

Steppin' In Time

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: John Holman (UK)
音乐: Steppin' - Ann & Ray Brett



STEP ½ PIVOT, WEAVE RIGHT; CROSS ROCK

1-2 Step forward on left foot, pivot ½ turn to the right
3-4 Cross left over right, step right to the right
5-6 Step left behind right, step right to the right side
7-8 Cross left over right, rock back onto right

STEP ¼ TURN LEFT, STEP RIGHT FORWARD, FORWARD LOCK FORWARD HOLD, TWICE

1-2 Step ¼ turn left onto left foot, step forward onto right foot
3-6 Step forward onto left foot, lock right foot behind left, step forward onto left, hold
7-10 Forward onto right foot, lock left behind right, step forward onto right, hold

Tags go here

SIDE CLOSE SIDE, HOLD, SIDE CLOSE SIDE HOLD

1-4 Step left foot to the left, slide right foot to left, step left foot left, hold
5-8 Step right foot right, slide left foot to right, step right foot to the right, hold

HIP ROLL, ROCK RECOVER, BACK SHUFFLE

1-4 Roll hips left, right, left, right
5-6 Rock forward onto left foot, recover stepping back onto right foot
7&8 Step back onto left foot, step right to left, step back onto left foot

ROCK TO THE RIGHT, ROCK TO THE LEFT, ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD

1-2 Rock right onto right foot, rock left onto left foot
3-4 Rock back onto right foot, rock forward onto left foot
5&6 Step right foot forward, step left to right, step right foot forward

REPEAT

TAG

To be danced only once, on the 9th wall facing 12:00

1&2 Shuffle ½ turn right stepping left, right, left
3-4 Step back right, touch left toe next to right

TAG

To be danced only once, on the 12th wall facing 9:00

1&2 Shuffle ½ turn right stepping left, right left
3-4-5 Step back right, touch left toe next to right, hold