

Steppin' Country

拍数: 88 墙数: 0 级数:
编舞者: Bev Costantino (AUS)
音乐: Rock 'n Roll Angel - The Kentucky Headhunters



- 1&2 Kick right foot forward, step quickly onto ball of right, touch left foot to left side
3-4 Cross left foot over right-unwind ½ turn to right
5&6 Kick right foot forward, step quickly onto ball of right, touch left foot to left side
7-8 Cross left foot over right-unwind ½ turn to right
9-12 Step forward right and push hips-forward, back, forward, pause and clap
13-16 Step forward left and push hips-forward, back, forward, pause and clap
- 17-20 Turning ½ turn to right, step right-left-right, kick left forward
21-24 Step left back, toe touch right back, stomp right together twice
25-28 Left toe touch to left side, front, side, together
29-32 Right toe touch to right side, front, side, together
33-36 Left stomp in place, left kick forward, left, right, left back
37-40 Right heel forward, together, right toe to side, and together
- 41-44 Both heels out, toes out, then both toes in, heels in
45-48 Vine right, turning ¼ turn with left together
49-52 Step left forward and push hips forward, back, forward, back
53-56 Left toe touch to left side, left together, left heel forward, left together
57-60 Kick right, kick right, coaster step (step right back, left back, right forward)
61-64 Kick left, kick left, coaster step (step left back, right back, left forward)
- 65-68 Right heel forward, jump to left heel forward, jump to right heel forward and clap
69-72 Step right 45 degrees forward, left together and clap, left step to left side, right together and clap
73-76 Right step back 45 degrees, left together and clap, left step to left side, right together and clap
77-80 Strut back toe, heel, toe, heel, right foot first
81-84 Rock back right, left in place, rock forward right, left in place
85-88 Stomp right, left, heel splits

REPEAT
