

# Step To The Rhythm

拍数: 32      墙数: 0      级数:  
编舞者: Vivienne Scott (CAN)  
音乐: Surrender - Laura Pausini



## CROSS ROCK LEFT OVER RIGHT, SIDE SHUFFLE LEFT WITH ¼ TURN, TWO COUNT FULL TRAVELING TURN, SHUFFLE FORWARD RIGHT

1-2            Cross rock left over right, rock back onto right  
3&4           Making ¼ turn left, step forward left, step right beside left, step forward left  
5-6           Step forward right making ½ turn left, step back left making ½ turn left  
7&8           Step forward right, step left beside right, step forward right

Optional arm movements for "I Surrender" for counts 3-8. During the dance on walls 3 (back), 4 (9:00), 8 (front) and 9 (3:00) when Laura sings "I raise my hands" start raising your hands in a circular movement to the left on counts 3&4, holding them up on counts 5-6, then lowering them on counts 7&8.

## SIDE ROCK LEFT, CROSS SHUFFLE LEFT OVER RIGHT, VINE TO RIGHT WITH TURNS

9-10           Making ¼ turn right, rock side left, recover on right  
11&12        Cross left over right, step right to right side, cross left over right  
13-14        Step right to right side, step left behind right  
15-16        Step right to right side with ¼ turn right, step forward left with ½ turn right

## STOMP FORWARD RIGHT, STEP LOCK FORWARD, SWEEP RIGHT ACROSS LEFT WITH ¼ TURN (WITH HANDS MOVING IN CIRCULAR MOTION), STEPS BACK

17            Stomp right foot forward pointing toe to right diagonal  
18-20        Step forward left, lock right behind left, step forward left  
21-22        Sweep right across left making ¼ turn to left, step down on right

Optional arm movements: on count 4 place left arm across the body hand pointed down, right hand also pointed down. On counts 5-6, move arms in circular to the left movement in front of the body ending with arms straight down each side of the body, palms facing back

23-24        Step back left, right

## LEFT TOE TOUCH WITH HOLD, SHUFFLE FORWARD LEFT, RIGHT TOE TOUCH WITH FLICK & ¼ TURN, SIDE SHUFFLE RIGHT

25-26        Touch left toe at the right side of right foot, hold  
27&28        Step forward left, step right beside left, step forward left  
29-30        Touch right toe forward, push down on right and flick right toe behind making ¼ turn left  
31&32        Step right to side right, step left beside right, step right to right side

## REPEAT

## TAG

To "I Surrender" by Laura Pausini. At the end of the dance, on 5th wall only, facing front (Do this tag only once)

## CROSS ROCK LEFT OVER RIGHT, SIDE SHUFFLE LEFT WITH ¼ TURN, TWO COUNT FULL TRAVELING TURN, SHUFFLE FORWARD RIGHT WITH ¼ TURN LEFT

1-2            Cross rock left over right, rock back onto right  
3&4           Making ¼ turn left, step forward left, step right beside left, step forward left  
5-6           Step forward right making ½ turn left, step back left making ½ turn left  
7&8           Step forward right, step left beside right, step forward right making ¼ turn left

You will be facing the back wall, then start the dance again from count 1