

# Step It Up

**COPPER KNOB**  
STEPSHETS

拍数: 16      墙数: 4      级数: Ultra Beginner straight rhythm  
编舞者: Rose Grant (CAN)  
音乐: Let's Shout (Baby Work Out) - Colin James



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## STEP TOUCHES FORWARD LEFT

- 1-2            Step forward on the left on a 45 degrees angle, touch the right
- 3-4            Step back on the right on a 45 degrees angle, step left beside right (weight on left)
- 5-6            Step back on the right on a 45 degrees angle, touch the left
- 7-8            Step side left, touch right beside left (weight on right)

## STEP TOUCHES FORWARD RIGHT W ¼ TURN RIGHT

- 9-10           Step forward on the right on a 45 degrees angle, touch the left
- 11-12          Step back on the left on a 45 degrees angle, step right beside left (weight on right)
- 13-14          Step back on the left on a 45 degrees angle, touch the right
- 15-16          Step with the right ¼ turn right, touch the left beside the right.(weight on right)

**REPEAT**

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