

Step By Step

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Terry Hogan (AUS)
音乐: Early Hours (Step By Step) - Felicity & Clint Beattie



For the suggested song start after 48 counts on the word "hours"

1-2 Step right foot to the right side-step left foot across behind right
&3-4 Step right foot to the right side, step left foot across in front of right, step right foot to the right side
5-6 Rock sideward onto the left foot, rock sideward onto right foot

Let body sway naturally and lift opposite heel with side rock steps

7-8 Rock-step left foot across behind right, rock forward onto right foot

Let body turn to face left diagonal on behind step, face front on count 8

1-2 Step left foot to the left side, step right foot across behind left
&3-4 Step left foot to the side, step right foot across in front of left, step left foot to the left side
5-6 Rock sideward onto the right foot, rock sideward onto left foot
7-8 Rock-step right foot across behind left, rock forward onto left foot

Counts 9-16 are a reversal of the first 8 and the same styling applies

1-2-3 Step right foot slightly forward diagonally right, replace weight onto left foot, step right foot across in front of left
4-5-6 Step left foot slightly forward diagonally left, replace weight onto right foot, step left foot across in front of right
7 Step right foot to the right side starting ½ turn left on ball of right foot
8 Complete the turn on ball of right foot and step left foot to the left side (you should be facing 6 o'clock)

1-2 Step right foot slightly forward, slide left foot slightly forward beside right heel
3-4 Repeat above counts 1-2
5&6 Shuffle forward right-left-right
7-8 Step left foot forward, on ball of foot make ½ pivot turn right stepping weight forward onto right foot

1-2 Rock-step left foot forward, rock backward onto right foot
3-4 Rock-step left foot backward, rock forward onto right
5&6 Shuffle forward left-right-left
7-8 Step right foot forward, on ball of foot make ½ pivot turn left stepping weight forward onto left foot

1-2 Kick right foot forward, step right foot to the right side
3&4 Step left foot across in front of right, step right foot to the right side, step left foot across in front of right
5-6 Kick right foot forward, point right foot / toe to the right side
&7 Step right foot beside left, point left foot / toe to the left side
&8 Step left foot beside right, point right foot / toe to the right side

1-2 Step right foot forward, touch left toe beside right heel
3& Step slightly backward on left foot, step right foot beside left making ¼ turn left
4 Step left foot slightly forward

This is basically a turning shuffle

5-8 Repeat previous counts 1-4

1-2 Rock-step right foot across in front of left, rock backward onto left foot

Turn the body to face left diagonal on 1, & face front on 2, so it becomes a natural and continuous move to step into the turn to the right on the next count

3 Step right foot to the right side making $\frac{1}{4}$ turn right

4 On ball of right foot make $\frac{1}{4}$ turn right stepping left foot to the left side

5-6 Rock-step right foot across behind left, rock forward onto left

7 Make $\frac{1}{4}$ turn left on ball of left foot and step right foot backward

8 Make $\frac{1}{2}$ turn left on ball of right foot and step left foot forward

Turn the body to face right diagonal on 5, face front on 6, and continue to turn for 7-8

REPEAT
