

Step Back

拍数: 32 墙数: 4 级数: Beginner
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音乐: Step Back In Time - Kylie Minogue



ROCKING CHAIR, SWITCH TURN, STEP, KICK BALL

1-2 Rock forward right, replace weight to left
3-4 Rock back right, replace weight to left
5-6 Step forward right, pivot ½ turn left
7-8& Step forward right, kick left foot forward, step onto left foot

Easy option: for steps 8& just step forward left

ROCKING CHAIR, ¼ TURN, CROSS, POINT

1-2 Rock forward right, replace weight to left
3-4 Rock back right, replace weight to left
5-6 Step right foot forward, turn ¼ turn left
7-8 Cross right over left, point left to left side

CROSS SHUFFLE, SIDE ROCK TWICE

1&2 Cross shuffle left, right, left
3-4 Rock right to right side, replace weight onto left
5&6 Cross shuffle right, left, right
7-8 Rock left to left side, replace weight to right

JAZZ BOX, SWITCH TURN, SHUFFLE LEFT

1-2 Cross left over right, step back onto right foot
3-4 Step left to left side, step forward right
5-6 Step forward left, pivot ½ turn right
7&8 Shuffle forward left, right, left

REPEAT
