

# Steel Bars

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Chris Cleevely (UK)  
音乐: Steel Bars - Michael Bolton



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## LEFT SHUFFLE FORWARD; WALK RIGHT, WALK LEFT; LEFT ¼ TURN RIGHT CHASSE; LEFT ¼ TURNING COASTER

1&2      Shuffle forward stepping left, right, left  
3-4      Walk forward right, walk forward left (with attitude)  
5&6      Making ¼ turn left, chasse right, left, right  
7&8      Making ¼ turn left, step back on left step right by left, step forward on left

## RIGHT SHUFFLE FORWARD; WALK LEFT, WALK RIGHT; POINT LEFT, ¼ TURN LEFT; LEFT SHUFFLE FORWARD

9&10      Shuffle forward stepping right, left, right  
11-12      Walk forward left, walk forward right (with attitude)  
13-14      Point left toes to left side, twist ¼ turn left (weight on right)  
15&16      Shuffle forward left, right, left

## CROSS, BACK; ½ TURNING SHUFFLE; RIGHT ¼ TURN LEFT CHASSE; RIGHT COASTER

17-18      Cross right over left, step back on left  
19&20      Shuffle ½ turn right, stepping right, left, right  
21&22      Making ¼ turn right, chasse left, right, left  
23&24      Step back on right, step left by right, step forward on right

## CROSS, SIDE; LEFT COASTER; RIGHT KICK & POINT LEFT; KNEE POP, ¼ TURN LEFT

25-26      Cross left over right, step right to right side  
27&28      Step back on left, step right by left, step forward on left  
29&30      Kick right forward, step right in place, point left to left side  
31-32      Turn left knee to right (or hold for one count), twist ¼ turn left (weight on right)

## REPEAT

## RESTART

Restart the dance after count 24 on wall 3 (you will be facing 6:00)

Restart the dance after count 20 on wall 6 (you will be facing 9:00)

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