

Steamee Basics

拍数: 32 墙数: 2 级数: Beginner
编舞者: Violet Ray (USA)
音乐: Steam - Ty Herndon



RIGHT VINE, HEEL TAPS (LEFT & RIGHT)

- 1 Step to right on right foot
- 2 Cross left foot behind right foot
- 3 Step to right on right foot
- 4 Tap left toe beside right foot
- 5 Tap left heel forward
- 6 Step left foot beside right foot
- 7 Tap right heel forward
- 8 Step right foot beside left foot

LEFT VINE, HEEL TAPS (RIGHT & LEFT)

- 1 Step to left on left foot
- 2 Cross right foot behind left foot
- 3 Step to left on left foot
- 4 Tap right toe beside left foot
- 5 Tap right heel forward
- 6 Step right foot beside left foot
- 7 Tap left heel forward
- 8 Step left foot beside right foot

¼ TURNS LEFT (2), RIGHT KICK, BALL-CHANGES (2)

- 1 Step forward on right foot
- 2 Pivot ¼ turn to left on ball of right foot and shift weight to left foot
- 3 Step forward on right foot
- 4 Pivot ¼ turn to left on ball of right foot and shift weight to left foot
- 5 Kick right foot forward
- & Step right foot beside left foot
- 6 Step down on left foot
- 7 Kick right foot forward
- & Step right foot beside left foot
- 8 Step down on left foot

"CHA-CHA" BASICS FORWARD & BACK (RIGHT AND LEFT)

- 1 Rock forward on right foot
- 2 Rock back on left foot
- 3&4 Execute right triple step in place (right, left, right)
- 5 Rock back on left foot
- 6 Rock forward on right foot
- 7&8 Execute left triple step in place (left, right, left)

REPEAT