

# Steady As A Rock

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: David J. Woods (UK)  
音乐: Rock Steady - Kenny Johnson & Northwind



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## RIGHT HEEL GRIND WITH ¼ TURN RIGHT, ROCK, SHUFFLE, HEEL SWITCHES

1-2            Step right heel forward, pivot ¼ turn to right on right heel (weight ends on left)  
3-4            Rock back onto right foot, recover onto left  
5&6           Step forward on right, close left beside right, step forward on right  
7&            Touch left heel forward, step left beside right  
8&            Touch right heel forward, step right beside left

## ROCK, CHASSE ¼ TURN, ¼ TURN CHASSE, ROCK BACK

9-10           Rock forward onto left, recover back onto right  
11&12        Step left to side, close right beside left, step left to side making ¼ turn left  
13            On ball of left pivot ¼ turn left stepping right to side  
&14           Close left beside right, step right to side  
15-16        Rock back onto left, recover onto right

## STRUTTING JAZZ BOX WITH ¼ TURN LEFT

17-18        Cross left toe over right, drop heel and click fingers at shoulder height  
19-20        Step right toe back, drop heel and click fingers at shoulder height  
21-22        Step left toe a ¼ turn left, drop heel and click fingers at shoulder height  
23-24        Touch right toe beside left, hold and click fingers at shoulder height

## ROCK BACK, SHUFFLE RIGHT, ROCK STEP, COASTER STEP

25-26        Rock back onto right foot, recover onto left foot  
27&28        Step forward onto right, close left beside right, step forward onto right  
29-30        Rock forward onto left foot, recover back onto right  
31&32        Step back onto left, step right beside left, step forward onto left

**REPEAT**

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