

Ste-Mi (Steamy)

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Baby One More Time - Britney Spears



Ste = Stephen, Mi = Michelle

STOMP BALL CHANGE, BRUSH, CROSS, & SIDE BEHIND, ½ TURN RIGHT TWISTING HEELS

1&2 Stomp right, step right in place, step left in place
3-4 Brush right foot next to left, cross step right over left
&5 Step left to left side, cross step right behind left
6& Twist heels left making a ¼ turn right, twist heels right making a 1/8 turn left
7& Twist heels left making a ¼ turn right, twist heels right making a 1/8 turn left
8 Twist heels left making a ¼ turn right (you should have completed a ½ turn right, weight on left)

HEEL DIGS X 3, STEP & POINT, BEHIND & IN FRONT, STEP RIGHT, STOMP STOMP

& Hitch right knee
1& Push right heel out and forward toward floor, hitch right pivoting ¼ right on ball of left foot
2& Push right heel out and forward toward floor, hitch right pivoting ¼ right on ball of left foot
3&4 Push right heel out and forward toward floor, step right across left, point left to left side
5&6 Step left behind right, right to right side, left across and in front of right
7&8 Large step right to right side, stomp left next to right, stomp left next to right

POINT LEFT, ¼ TURN LEFT, COASTER STEP, STEP RIGHT LEFT RIGHT, BODY ROLL

1-2 Point left foot left with attitude, ¼ turn left
3&4 Step back left, right next to left, step forward left
5&6 Step forward slightly right, left, right (ending with feet apart)
7-8 Body roll over two counts, ending with weight on right

LEFT HEEL & HEEL, HIP BUMPS LEFT, HIP BUMPS RIGHT, RIGHT HEEL & HEEL

&1&2& With weight on left toe twist left heel out, in, out, in, out
3&4 Placing weight onto left foot bump hips left, right, left
5&6 Placing weight onto right foot and bump hips right, left, right
& Placing weight onto left foot at same time twist right heel out
7&8 With weight on right toe twist right heel in, out, in

REPEAT
