

Stayin Alive

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Ultra Beginner
编舞者: Unknown
音乐: Stayin' Alive - N-Trance



DOUBLE DISCO POINTS WITH HIP BUMPS

- 1 Point right up at an angle (1:00) while bumping right hip to side
- 2 Point right up at an angle (1:00) while bumping right hip to side
- 3 Point left up at an angle (11:00) while bumping left hip to side
- 4 Point left up at an angle (11:00) while bumping left hip to side
- 5 Point right down at an angle (5:00) while bumping right hip to side
- 6 Point right down at an angle (5:00) while bumping right hip to side
- 7 Point left down at an angle (7:00) while bumping left hip to side
- 8 Point left index down at an angle (7:00) while bumping left hip to side

SINGLE DISCO POINTS WITH HIP BUMPS, CHUG AROUND

- 9 Point right up at an angle (1:00) while bumping right hip to side
- 10 Point left up at an angle (11:00) while bumping left hip to side
- 11 Point right down at an angle (5:00) while bumping right hip to side
- 12 Point left down at an angle (7:00) while bumping left hip to side
- 13 Turning $\frac{1}{4}$ turn left, point right toe out to side
- 14 Turning $\frac{1}{4}$ turn left, point right toe out to side
- 15 Turning $\frac{1}{4}$ turn left, point right toe out to side
- 16 Turning $\frac{1}{2}$ turn left, point right toe out to side

REPEAT

While you are doing the chug turns point up with your right and make small circles to the right
Instead of bumping your hips, try slide to the sides while pointing. You do this by going to the same side as you are pointing to