

Stay

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rachael McEnaney (USA)
音乐: Stay - Dreamhouse



KICK & KICK AND CROSS ROCK STEP, KICK & KICK AND CROSS, SIDE, TOGETHER

- 1&2 Kick left foot low to right diagonal, step in place on left, kick right foot low to left diagonal
- &3&4 Step in place on right, cross rock left over right, replace weight onto right, step left next to right
- 5&6 Kick right foot low to left diagonal, step in place on right, kick left foot low to left diagonal
- &7 Step in place on left, cross right over left
- 8& Step left to left side, step right next to left

SIDE LEFT, TOGETHER, FORWARD MAKING ½ TURN RIGHT SHUFFLE, SKATE SKATE, KICK STEP

- 1-2 Step left to left side, step right next to left
- 3 Step forward on left as you begin making ½ turn right
- 4&5 Finish making ½ turn right as you shuffle forward - right, left, right
- 6-7 Skate forward towards left diagonal on left, skate forward towards right diagonal on right
- 8& Kick left foot low to right diagonal, step in place with left foot

SAMBA STEPS FORWARD, ROCK STEP, ¾ TURN RIGHT SHUFFLE

- 1&2 Cross right over left and slightly forward, rock left to left side, replace weight onto right
- 3&4 Cross left over right and slightly forward, rock right to right side, replace weight onto left
- 5-6 Rock forward on right, replace weight onto left
- 7&8 Make ¾ turn to right as you shuffle - right, left, right

ROCK & CROSS, STEP BACK MAKING ¼ TURN LEFT, SHUFFLE FORWARD MAKING ¼ TURN LEFT, STEP SIDE RIGHT BUMPING HIP, STEP LEFT, RIGHT, LEFT WITH HIP BUMPS

- 1&2 Rock left to left side, replace weight onto right, cross left over right
- 3 Step back on right foot making ¼ turn left
- 4&5 Shuffle forward on left, right, left making ¼ turn left
- 6 Step right to right side as you sway hips to right (optional arms: raise arms above head)
- 7 Step left to left side as you sway hips to left (optional arms: drop arms down and slap hips)
- 8 Step right to right side as you sway hips to right (optional arms: point both hands forward)

REPEAT

TAG

At the end of the 7th wall (should be facing 3:00) you get to the end of the dance and add the following 2 counts:

- 1-2 Step left to left side as you sway hips to left, step right to right side as you sway hips to right