

Stay

拍数: 64 墙数: 2 级数: Improver line/contra dance
编舞者: Jackie Snyder (USA)
音乐: Stay - Dreamhouse



RIGHT CROSS OVER LEFT, UNWIND ½ LEFT/ LEFT CROSS OVER RIGHT, UNWIND ½ TURN RIGHT/ KICK BALL CHANGE, ½ TURN LEFT

- 1-4 Cross right foot over left, unwind into a ½ turn left, bringing weight o right, cross left over right bringing weight on left
5&6 Kick right forward, step right next to left, step left next to right
7-8 Step forward on right, pivot and turn ½ turn to left bringing weight forward on left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT/ SHUFFLE FORWARD LEFT, RIGHT, LEFT/ TWO ¼ TURNS LEFT

- 1&2 Step forward on right, step left next to right, step forward on right
3&4 Step forward on left, step right next to left, step forward on left
5-6 Step forward on right, step a ¼ turn left with left
7-8 Repeat counts 5-6 above

STEP RIGHT SIDE, LEFT BEHIND AND CROSS ½ TURN RIGHT/ SHIMMIES

- 1-2 Step right to right side, step left behind right
&3-4 Step right to right side, cross left over right, unwind into a ½ turn right
5&6 Shimmy or shake shoulders and lean body forward (while moving hips and legs for styling)
7&8 Shimmy or shake shoulders and lean body back

STEP RIGHT SIDE, LEFT BEHIND AND CROSS ½ TURN RIGHT/ SHIMMIES

- 1-2 Step right to right side, step left behind right
&3-4 Step right to right side, cross left over right, unwind into a ½ turn right
5&6 Shimmy or shake shoulders and lean body forward (while moving hips and legs for styling)
7&8 Shimmy or shake shoulders and lean body back

¼ TURN TO RIGHT SIDE, TOGETHER, FORWARD/ ½ TURN TO LEFT SIDE, TOGETHER, FORWARD

- 1-2 Turn ¼ to right while stepping right forward, slide left next to right (weight on left)
3-4 Step right forward, slide left and touch left next to right
5-6 Turn ½ turn to left while stepping left forward, slide right next to left (weight on right)
7-8 Step left forward, slide right and touch right next to left (you should be facing 9:00 wall)

RIGHT SIDE STEPS, TAP HEEL, CROSS, CLAPS/CROSS LEFT OVER RIGHT & UNWIND ¾ TURN RIGHT

- 1-2 Step right to right side with a lunge, tap right heel and clap
3-4 Cross left over right, tap left heel and clap
5-6 Step right to right side with lunge, tap right heel
7-8 Cross left over right, unwind ¾ turn to right to face 6:00 (back wall), weight on left

THREE SHUFFLES FORWARD/ROCK FORWARD AND BACK

- 1&2 Step right forward, step left next to right, step right forward
3&4 Step left forward, step right next to left, step left forward
5&6 Repeat steps 1 & 2 above
7&8 Rock forward on left, rock back on right, step left next to right (mambo step)

SWIVEL TO LEFT, SWIVEL TO RIGHT / LEFT ROCK BACK BEHIND RIGHT, FORWARD RIGHT, STEP SIDE LEFT, RIGHT BRUSH

1&2 Swivel heels to left, swivel toes to left, swivel heels to left
3&4 Swivel heels to right, swivel toes to right, swivel heels to right
5-6 Cross left behind right, rock forward on right
7-8 Step left to left side, brush right slightly forward to start dance again by crossing right over left

VARIATION

For count 8 of mambo step at count 55&56, bring left toe pointed inward towards right foot. Then for counts 57&58, swivel to the left while pointing toes outwards, bring toes inwards, point toes outwards. For counts 59&60 point toes inwards, then outwards, then inwards while swiveling to the right.

REPEAT

TAG

On the 4th repetition, back wall after count 40, bump hips right & left or roll hips to the right once then go into count 41 stepping right side together side.
